Karachi: POA Arthroscopy Forum launches Pakistan Knee Arthroscopy Registry at the 30th International Pak OrthoCon. The Chairman of POA Arthroscopy Forum, Dr. Khalid Mahmud Shah presented the PKAR at a local hotel in Karachi.

Briefing the distinguished guest and the participants, Dr. Khalid Mahmud Shah said that the registry was developed in order to gauge the real world clinical practices, patient outcomes, safety and comparative effectiveness of the Arthroscopy cases conducted in Pakistan. He added that the registry will enable the observation of the course of disease along with understanding variation in the treatment and outcomes. He said that the need of existence of a national registry was very important in examining the factors influencing prognosis and quality of life for the patients who had gone under arthroscopic treatment.

Talking exclusively to Medical News, He said that the registry was developed keeping in view the best ethical practices. He informed that a pilot study had recently been conducted to validate the pilot which gave insightful knowledge on the history of the patient, history and mechanism of injury and clinical and arthroscopic findings.
“Hands on Basic Knee Arthroscopy Workshop”

The department of Orthopaedic Surgery DMC / DUHS /Civil Hospital Karachi In collaboration with POA and Pakistan Arthroscopy forum organized one day hands on basic knee arthroscopy workshop on 21st January, 2017 under the supervision of Professor Ghulam Mustafa K.K.

There were 40 participants from different institutes including Abbasi Shaheed Hospital, Jinnah Postgraduate Medical Centre, Lyari General Hospital, Liaquat University of Medical Health Sciences, Jamshoro and from all over Sindh.

Workshop started at 9:00 am with the recitation of the Holy Quran after that Professor Ghulam Mustafa K.K gives introduction of the workshop.

Senior Members of Arthroscopy forum were faculty members:
1. Professor Imtiaz Hashmi (ZUH)
2. Khalid Mehmood Shah (HPG.H)
3. Professor Maratib Ali (DUHS / CHK)
4. Professor Asadullah Makhdoom (LUMHS)
5. Dr. Naveed Balouch (AKUH)

The facilitators of workshop were:
1. Dr. Mehtab Ahmed Pirwani
2. Dr. Adeel Ahmed Siddiqui
3. Dr. Irfan Muhammad Rajput

INTRODUCTION OF WORKSHOP
The evolution of Orthopaedic surgery over the past thirty years has been strongly characterized by the concept of minimal invasiveness.

Through knee arthroscopy, we have been able to develop anatomical surgical repair and reconstruction techniques, designed to restore the joint anatomy to how it was before the onset of the lesion.

AIMS OF WORKSHOP
The aim of the basic knee arthroscopic workshop was hands on training on Knee Simulators to improve basic Arthroscopy skills.

All the participants given positive feedback on basic Knee Arthroscopy.

In the last certificate distribution ceremony and lunch was served to the participants.
A Clinical Seminar at Esa Laboratory

A Clinical Seminar was organized in collaboration with Pakistan Orthopaedic Association and Dr. Essa Laboratory & Diagnostic Centre at Seminar Hall on the topic of “Awareness of Osteoporosis” on 29th January 2017. A very informative lecture was delivered by Prof. Maratib Ali. The chief guest was Prof. Shahid Noor. The program was attended by renowned Orthopaedic surgeons & G.Ps. This seminar was arranged by Dr. S. M. Tariq Joint Secretary POA (Sindh).

Workshop on Basic Illizarov

Friday 9th December, 2016 at Orthopaedic Department GMMMC Hospital Sukkur
AO Trauma Symposium

AO trauma symposium was held on 2nd April 2017 at PGMI Auditorium Lady Reading Hospital Peshawar with collaboration of POA KPK chapter, department of Orthopaedic and Deanery LRH Peshawar. About 40 trainees/consultants attended the symposium. Prof M A Wajid Regional Manager AO foundation Switzerland along with his team conducted the symposium. It was the first ever AO trauma symposium held in KPK. At the end of the symposium, Dean Prof Arshad Javed and Medical Director Prof Mukhtiar Zaman distributed the shields among the faculty and the participants.
3rd Annual Scoliosis Week
from 20th -22th March, 2017

The 3rd Annual Scoliosis week was conducted from 20th -22th March, 2017 at Department of Orthopaedics & Spine Surgery, Ghurki Trust Teaching Hospital, Lahore. The Course was chaired by Professor Amer Aziz with impart assisted as chief organizer by Dr Abdullah Shah.

As usual, the course had a good participation from all over the country including practicing Orthopaedic surgeon, Neurosurgeon and Residents.

The course included Seminars, Case discussions and Live Surgery.

All the sessions were formulated such that involve every participant interactive. As far as faculty was concerned it included both foreign and regional faculty.

8th Article Writing Workshop

In order to improve the standard and quality of the journal, executive board of POA and the editorial committee of JPOA in their meetings decided to run series of workshops on “Article Writing” in different cities of Pakistan so that the writers of articles, especially the junior colleagues, can have better writing knowledge and power. We arranged 8th article writing workshop at Orthopedics Department, Jinnah Hospital, Lahore April 06, 2017 which was facilitated by Dr. Masood Javed. It was well attended by doctors of Lahore.

Prof. Zia Ullah Bajwa President POA shares word of wisdom. Dr. Asad Ullah Makhdoom – Editor JPOA share the journey of JPOA and also delivered the lecture on how to write the case report.

We are also very thankful to Dr. Masood Javed for delivering very interactive and engaging talk and Pharmevo pharmaceuticals to arrange the series of article writing workshop in different cities of Pakistan.
**CP Workshop**

on 19 Feb 2017

Two days multidisciplinary symposium & workshop on CP held in Khyber Medical College Peshawar, jointly arranged by pediatric medicine and orthopedic department KTH Peshawar.

Day 1st was symposium with lectures by pediatricians, physiotherapists, psychologists, prosthetic & orthotic faculty, social workers etc.

Day 2 was CP workshop, with lectures by faculty of orthopedic surgeons from all over country.

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**CP Course Dinner**

CP course dinner was arranged by the POA KP chapter after attending CP symposium on 18th February 2018. A large number of orthopaedic surgeons were present on the occasion both from Peshawar and peripheral districts. They all enjoyed the dinner and discussed matters related to the field of orthopaedic surgery.
POA Fortnightly Meeting
at Ghurki Trust Teaching Hospital, Lahore

A get together was arranged at Shiraz Ronaq Peshawar on 09-01-2017. Almost 50 senior and junior members of POA from all over the province were present on the occasion. Dr Pervaiz Anjum ex president POA came all the way to Peshawar to make this gathering glorious. Dr Shoaib welcomed the guests on behalf of executive board POA and thanked them for their support, vote and trust. Professor Zahid Askar and Professor Ayaz khan expressed their views and planning to make the 31st Pak orthocon Peshawar successful. Dr Mian Amjad Ali, Dr Zulfiqar Ali Durrani and Dr Shams ur Rehman also spoke on the occasion and stressed for the unity of the organisation and its members. The overall environment was friendly.
POA President Meets AAOS President

Monthly Clinical Meeting
Lady Reading Hospital on 31st March 2017
# Tentative Schedule for Orthocon 2017

## Day 1. 17th November 2017-Friday

<table>
<thead>
<tr>
<th>TIME</th>
<th>HALL A</th>
<th>HALL B</th>
<th>HALL C</th>
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<tbody>
<tr>
<td>8:30 AM to 10:30 AM</td>
<td>Arthroplasty-1</td>
<td>Spine-1</td>
<td>Arthroscopy-1</td>
</tr>
<tr>
<td></td>
<td>TEA BREAK 30 MINUTES</td>
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<tr>
<td>11:00 AM to 1:00 PM</td>
<td>PLENARY LECTURES 1. Spine</td>
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<tr>
<td></td>
<td>PLENARY LECTURES 2. Arthroplasty</td>
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<tr>
<td></td>
<td>PLENARY LECTURES 3. ? trauma/Arthroscopy &amp; Sports</td>
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</tr>
<tr>
<td></td>
<td>LUNCH &amp; PRAYER BREAK 1 HOUR</td>
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<td></td>
</tr>
<tr>
<td>2:00 PM to 3:30 PM</td>
<td>Arthroplasty-2</td>
<td>Trauma-1</td>
<td>Arthroscopy-2</td>
</tr>
<tr>
<td>3:45PM to 5:15PM</td>
<td>Arthroplasty-3</td>
<td>MSK Infections</td>
<td>Deformity Correction</td>
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## Day 2. 18th November 2017-Saturday

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<td>8:30 AM to 10:30 AM</td>
<td>Spine</td>
<td>Paediatrics-1</td>
<td>Hand &amp; Upper Limb</td>
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<td>TEA BREAK 30 MINUTES</td>
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<tr>
<td>11:00 AM to 1:00 PM</td>
<td>PLENARY LECTURES 4. Trauma</td>
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<td>PLENARY LECTURES 5. Peds Orthopaedics</td>
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<td>PLENARY LECTURES 6. MSK Oncology</td>
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<td>LUNCH &amp; PRAYER BREAK 1 HOUR</td>
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</tr>
<tr>
<td>2:00 PM to 3:30 PM</td>
<td>Trauma-2</td>
<td>Paediatrics-2</td>
<td>MSK Oncology-1</td>
</tr>
<tr>
<td>3:45PM to 5:15PM</td>
<td>Trauma-3</td>
<td>Deformity Correction</td>
<td>MSK Oncology -2</td>
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## Day 3. 19th November 2017-Sunday

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<tbody>
<tr>
<td>8:30 AM to 10:30 AM</td>
<td>Ankle &amp; Foot-1</td>
<td>Medical writing esp for International journals</td>
<td>Sterilization</td>
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<td>TEA BREAK 30 MINUTES</td>
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<tr>
<td>11:00 AM to 1:00 PM</td>
<td>Ankle &amp; Foot-2</td>
<td>Medical Education</td>
<td>Orthotics/ Physiotherapy</td>
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<td>CLOSING CEREMONY/Prize Distribution</td>
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Upcoming Events

**August 2017**

**13th Latin American Meeting of Hip And Knee Surgeons 2017**
AUGUST 2, 2017 - AUGUST 5, 2017
CARTAGENA, COLOMBIA

**NZ Hip Society Meeting 2017**
August 3, 2017 - August 5, 2017
Queenstown, New Zealand

**Distal Radius Fracture Recent Advances**
August 12, 2017
Bahawalpur Medical & Dental College

**POA Pelvis and Acetabulum Forum 12th Pelvis & Acetabulum Course**
August 13 - 14, 2017
Nishtar Medical College & Hospital, Multan

**Edinburgh Instructional Trauma Course**
14-18 August 2017
Edinburgh, United Kingdom
E-mail: symposium@trauma.co.uk
Website: www.trauma.co.uk

**Asia Pacific Arthroplasty Society Congress 2017**
August 18, 2017 - August 20, 2017
Chennai, India

**SOF 2017 - Ortopediveckan**
(Swedish Orthopaedic Association)
Umeå, Sweden
28 August - 1 September 2017
E-mail: ulrica.bergstrom@vll.se
Website: www.ortopediveckan.se

**World Recon Congress Lisbon 2017 - ASAMI, LLR & ExFix Societies**
Estoril, Portugal
29 August-2 September 2017
E-mail: craveiro01@gmail.com
Website: www.llrs.asami-br.org

**September 2017**

**63rd Congress of the South African Orthopaedic Association**
Port Elizabeth, South Africa
4-7 September 2017
E-mail: info@saoa.org.za
Website: http://www.saoa.org.za/

**EBJIS 2017 - 36th Annual Meeting of the European Bone and Joint Infection Society**
Nantes, France
7-9 September 2017
E-mail: info@cap-partner.eu
Website: ebjis2017.org

**25th Annual & Anniversary Meeting of the European Orthopaedic Research Society (EORS 2017)**
Munich, Germany
13-15 September 2017
E-mail: swolf@eventlab.org
Website: www.eors2017.org

**BOA Annual Congress 2017**
(British Orthopaedic Association)
Liverpool, United Kingdom
19-22 September 2017
E-mail: events@boa.ac.uk
Website: http://congress.boa.ac.uk/

**XXI Congreso Nacional de Ortopedia y Traumatología 2017**
San José, Costa Rica
20-22 September 2017
E-mail: info@15cero2.com
Website: ortopediacostarica.firebaseapp.com/#/Eventos

**1st Students Orthopaedic Conference**
Gdansk, Poland
22 September 2017
E-mail: magdalena.adamczewska@ptoitr.pl
Website: http://sko2017.ptoitr.pl/foreign
Read more here...

**HIP Toulouse 2017**
Toulouse, France
21-23 September 2017
E-mail: hiptoulouse@free.fr
Website: www.hipnews.org/hiptoulouse

**A Third Masterclass in Intra-Operative Neuro-Monitoring (IONM) for Spinal Surgery**
Shropshire, United Kingdom
22 September 2017
E-mail: alison.whitelaw@rjah.nhs.uk
Website: www.orthopaedic-institute.org

**11th Combined Meeting of Asia Pacific Spine Society & Asia Pacific Paediatric Orthopaedic Society and the 8th Biennial Meeting of the International Federation of Paediatric Orthopaedic Societies**
Goa, India
22-24 September, 2017
E-mail: spine@primushospital.com
Website: www.apss-appos2017.org

**54 Congreso Nacional SECOT**
(Sociedad Española de Cirugía Ortopédica y Traumatológica)
Barcelona, Spain
27-29 September 2017
E-mail: secot@secot.es
Website: secot2017.com

**XXII Conference “Days of Bulgarian Orthopedics and Traumatology”**
Tryavna, Bulgaria
28-30 September 2017
E-mail: events@wasteels.bg
Website: conference-bota2017.com/en

**SPOT Annual Meeting**
(Sociedad Puertorriqueña de Ortopedia y Traumatología)
28 September -1 October 2017
E-mail: asis.spot@gmail.com
Website: spot.ortopediapr.org/eventos
31st International Pak Orthocon 2017

The challenge of change - The emergence of sub-specialities

Conference specific App

Foreign Experts

Family Tours

Prizes for best papers

16-19th Nov, 2017
Hotel Pearl Continental, Peshawar, KPK Pakistan
Workshops in Peshawar

Hand Workshop
Dr Irfan Qadir
Dr. Mohammad Siraj
Northwest General Hospital Peshawar
7th and 8th Oct 2017

Foot and Ankle
Dr Tashfeen
Dr Mian Amjad Ali
Lady Reading Hospital
Peshawar
3rd and 4th Nov 2017

Spine
Prof. Amir Aziz
Prof. M Ayaz
Khyber Teaching Hospital
Peshawar
15th and 16th Nov 2017

Pelvis & Acetabulum
Dr Masood Umer
Dr Mian Amjad Ali
Lady Reading Hospital
Peshawar
21st and 22nd Oct 2017

Arthroscopy
& ACL Reconstruction
DR K.M. Shah
Prof Malik Javed Iqbal
Pak International Medical College
Peshawar
28th and 29th Oct 2017

Total Hip Arthroplasty
Prof Shahid Noor
Prof Arif
Hayatabad Medical Complex
Peshawar
14th Nov 2017

Total Knee Arthroplasty
Prof. Shahid Noor
Prof Arif
Hayatabad Medical Complex
Peshawar
15th Nov 2017

CP workshop
Dr Sikandar Hayat
Dr Sallik Kashif
Khyber Teaching Hospital
Peshawar
14th Nov 2017

31st International Pak Orthocon
16–19th Nov, 2017
Hotel Pearl Continental, Peshawar, KPK Pakistan

Workshops outside Peshawar

Ilizarov & Limb Reconstruction
Dr Abid Niazi
Dr Mohammad Inam/Prof Naeem ur Razaq
Ayub Teaching Hospital
Abbottabad
Oct 13th to 15th 2017

Spinal Infections
Prof. Amer Aziz
Dr Dilawar Mehsood
Saidu Teaching Hospital
Swat
16–17th Oct 2017

Primary Trauma Course
Prof. Saeed Minhas
Dr Tariq Ahmad
Mardan Medical Complex
Peshawar
Nov 1st week 2017

Ponseti Workshop
Dr Sikander Hayat
Dr Mohammad Ishaq
Qazi Hussain Ahmed Medical Complex
Nowshera
12th Oct, 2017

Ponseti Workshop
Dr Sikander Hayat
Prof Asmatullah
KGN Teaching Hospital
Bannu
22nd Oct, 2017

31st International Pak Orthocon
16–19th Nov, 2017
Hotel Pearl Continental, Peshawar, KPK Pakistan
## Membership Drive

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<tr>
<th>Sr. No.</th>
<th>Name</th>
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<tr>
<td>1</td>
<td>Dr. Basharat Hussain</td>
<td>MS</td>
<td>Islamabad</td>
</tr>
<tr>
<td>2</td>
<td>Dr. Naseer Ahmed</td>
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<td>Rahim Yar Khan</td>
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Publication


JPOA Volume 28, Number 3, November 2016

- Functional Outcome of Total Knee Replacement in Patients with Rheumatoid Arthritis
  Muhammad Naveed Memon, Syed Shahid Noor, M. Kazim R. Najjad, Osama Bin Zia, Asad Khan Ghilzai
- Outcome of Elastic Intramedullary Nailing of Femur Shaft Fractures in Children
  Salik Kashif, Bahadar Ali Khan, Ihsanullah, Khurram Iqbal, Muhammad Siraj, Noor Rahman, Mahmood ul Hasan
- Outcome of Open Diaphyseal Tibial Fracture Managed with Unreamed Intra Medullary Inter Locking Nail
  Kashif Mahmood Khan, Hussian Ahmed, Muhammad Saeed Minhas, Anisuddin Bhatti
- Acetabular Component Orientation in Total Hip Arthroplasty Using Transverse Acetabular Ligament (TAL)
  Sher Afgan, Irfan Ahmad, Naem Ahmad, Shahzad Javed, Amer Aziz
- Outcome of PHILOS Plating in Proximal Humerus Fractures
  Awal Hakeem, Sanaullah, Syed Hamad Ali Shah Banori, Israr Ahmed, Mohammad Arif Khan
- Custom-Made Antibiotic Cement-Coated Nails for The Treatment of Infected Nonunion in Femur
  Khurram Habib, Khawar Shehzad, Ajmal Yasin
- The Effect of Obesity on Functional Outcome After Total Knee Arthroplasty
  Sajid Younus, Syed Shahid Noor, Syed Muhammad Khalid Karim, Asmatullah, Asad Khan Ghilzai

JPOA Volume 29, Number 1, March 2017

- Use of Reconstruction Nail in The Treatment of Ipsilateral Femoral Neck and Shaft Fractures
  Syed Kamran Ali Shah, Asif Peracha, Sajid Younus, Asmatullah Khan, Kazim Rahim Najjad, Muhammad Arsalan Ghazi
- Arthroscopic ACL Reconstruction Using Single Bundle BPTB Autograft: Transtibial versus Anteromedial Portal Technique for Femoral Tunnel Placement
  Muhammad Suhail Amin, Muhammad Khurram Habib
- One Stage Sequential Bilateral Total Knee Arthroplasty. Is it Safe?
  Muhammad Yasir Pervez, M Suhail Amin
- Comparison of 3 ml vs. 5 ml Local Injection of Lignocaine in Closed Reduction of Colles’ Fracture
  Kashif Mahmood Khan, Ranjeet Kumar, Vinod Kumar, Muhammad Saeed Minhas, Anisuddin Bhatti
- Osteomyelitis of the Foot among Patients Presenting with Diabetic Foot Ulcers: A Retrospective Analysis
  Muhammad Iqbal, Niaz Hussain, Pir Abdul Latif Qureshi, Nasrullah Aamir
- Incidence of one-year mortality following hip surgery in elderly Population: Observational study
  Abdul Rafay Qazi, Intikhab Taufiq, Syed Kamran Ali Shah, Sajid Younus, Nouman Memon, Kazim Rahim Najjad
- Results of Minimally Invasive Plate Osteosyntheses in Periarticular Knee Fractures
  Muhammad Shoaib Khan, Hidayatullah, Adnan Jamal, Abid Ali, Basit Hussain, Zahid Askar
Proud to Announce

- Prof. Brig. Syed Arsalan Haider Bukhari on his appointment as advisor of Orthopaedic surgery Pak Armed forces.
- Dr. Shams ur Rehman, Joint Secretary Khyber Pakhtunkhwa on his promotion to Assistant professor of Department of Orthopaedics at Lady Reading Hospital, MTI Peshawar
- Dr. Muhammad Bukhsh Shahwani, Joint Secretary, Baluchistan on his promotion to Associate Professor of Department of Orthopaedic Surgery, Bolan Medical College, Quetta.
- Dr. Muhammad Toufique (of Karachi) on his appointment as Director Health Services, Karachi.
- Dr. Alamzeb Khan (of Abbottabad) on his promotion to Associate Professor at department of Orthopaedic Surgery, Ayub Medical College, Abbottabad.
- Dr. Kifayatullah (of Mardan) on his promotion to Professor at department of Orthopaedic Surgery, Bacha Khan Medical College, Mardan.
- Dr. Sikander Hayat (of Peshawar) on his promotion to Associate Professor at department of Orthopaedic Surgery, Khyber Teaching Hospital, Peshawar.
- Prof. Asadullah Maher (of Larkana) on his appointment as Principal, Khairpur Medical College, Khairpur.
- Dr. Faaiz Ali Shah (of Peshawar) on his promotion to Assistant Professor at department of Orthopaedic Surgery, Lady Reading Hospital, Peshawar.
- Dr. Wali Muhammad Khan (of Peshawar) on his promotion to Assistant Professor at department of Orthopaedic Surgery, Lady Reading Hospital, Peshawar.
- Dr. Naeem Ullah (of Peshawar) on his promotion to Assistant Professor at department of Orthopaedic Surgery, Lady Reading Hospital, Peshawar.
- Dr. Israr Ahmed (of Peshawar) on his promotion to Associate Professor at department of Orthopaedic & Spine Surgery, KGMI/ HMC, Peshawar.
- Dr. Muhammad Faisal Iqbal Chaudhary (of Gujranwala) on his appointment to Assistant Professor at DHQ Hospital/ Gujranwala Medical College Gujranwala.
- Dr. Shahryar Noordin (of Karachi) on his promotion to Associate Professor of Orthopaedic Surgery at Aga Khan University Hospital, Karachi.

Innovations in Orthopedic Surgery

- Dr. Muhammad Kazim Rahim Najjad (of LNH, Karachi) who has successfully completed his clinical fellowship training in “Knee Sports Medicine” from Shahid Beheshti University of Medical Sciences, Tehran, Iran under the supervision of Dr. Sohrab Keyhani.
- Dr Qazi Mohammed Amin of (GTTH, Lahore) on completion of APOA trauma travelling fellowship from Malaysia.
- Dr. Syed Muhammad Idrees Shah (of Ziauddin University, Karachi) who has successfully completed his clinical fellowship training in DIVISION OF SHOULDER AND ELBOW SURGERY from University of Orthopaedic, Hand & Reconstructive Microsurgery Cluster National University Health System, Singapore under the supervision of Prof. V. Prem Kumar.

Obituary

- Senior Member of POA, Our Senior Orthopaedic Surgeon & Ex. Joint Secretary (sindh) Professor Lutfullah Baloch. Ina lilahi wa Inna ilaihi rajeoon. May Allah rest his soul in peace.
- Mother of Dr. Naeem Akhter, Treasurer, POA. Ina lilahi wa Inna ilaihi rajeoon. May Allah rest her soul in peace.
- Mother of Prof Tariq Sohail, of Lahore. May Allah rest her soul in peace.
- Mother of Prof. Zahid Askar (Peshawar). Ina lilahi wa Inna ilaihi rajeoon. May Allah rest her soul in peace.
- Mother of Dr. Itaat Hussain (Karachi). Ina lilahi wa Inna ilaihi rajeoon. May Allah rest her soul in peace.
- Father in law of POA Immediate Past President Prof. Muhammad Amin Chinoy(Karachi). Ina lilahi wa Inna ilaihi rajeoon. May Allah rest his soul in peace.
- Younger brother of Prof (Brig) M. Asad Qureshi. Ina lilahi wa Inna ilaihi rajeoon. May Allah rest his soul in peace.
Family Get Together at Sandspit Karachi

Pakistan Orthopaedic Association arranged a family get together at Sandspit Karachi on Sunday 19th February 2017. A delicious breakfast and lunch was arranged. Horse and camel ride and speed boat was also arranged for entertainment of families. The event was attended by large numbers of Orthopaedic surgeons and their families and everybody had fun filled day.

The event was sponsored by Getz Pharma and was organized by Dr. S. M. Tariq Joint Secretary POA (Sindh).

POA National Fellows

Dr. Sajjad Rasool Chaudhary
Gujrat
Fellowship in Arthroplasty at IOS, Karachi

Dr. Muhammad Shafiq
D I Khan
Fellowship in Hand Surgery at BVH, Bahawalpur

Dr. Akber Jaleel Zubairi
Karachi
Fellowship in Spine Surgery at CMH, Rawalpindi

Dr. Niaz Hussain
Hyderabad Fellowship in Deformity Correction & Bone regeneration, z
Pakistan Orthopaedic Association organized a lunch at Bar BQ Tonight, Clifton, Karachi on Sunday 08th January 2017 to congratulate newly elected cabinet of POA 2017, Prof. Yunis Soomro was the chief guest occasion was also graced by Prof. I. H. Jokhio, Prof. Rehana Shah and many renowned Orthopaedic Surgeons.

The event was sponsored by Solace Pharma and was organized by Dr. S. M. Tariq Joint Secretary POA (Sindh).

**Welcome Ceremony of POA Executive Board 2016-17**

**JPOA Associate Editors (New)**

- Dr. Amanullah Kakar
  Quetta
- Dr. Faaiz Ali Shah
  Peshawar
- Dr. Irfan M. Rajput
  Karachi
- Dr. Kashif Iqbal Tebani
  Larkana
- Dr. Kamran Butt
  Lahore
- Prof. M. Arif Khan
  Peshawar
- Prof. M. Suahil Amin
  Lahore
- Dr. Zia Ullah Bajwa
  Lahore
**POA hosted Dinner in honor of OASAC Dignitaries**

The 9th International Biennial Conference of Orthopedic Association of SAARC Countries was held in Lahore Pakistan from 7th – 9th April, 2017. Pakistan Orthopedic Association took keen interest in the organization and conduct of this conference. As a welcoming gesture the President of POA Dr. Zia Ullah Bajwa hosted a dinner on the night of 6th April for OASAC foreign and national officials as well as the organizing committee members of OASAC Lahore 2017.

The “Haveli Rooftop Restaurant” located in the fort road food street near Roshnai Gate in the walled city of Lahore was chosen as the venue. Its multifaceted views of the grand Badshahi mosque along with the colorful architectural pieces of walled city of Lahore made it an ideal dining experience for all. A seven course traditional Lahori cuisine was served to the guests. Horizon pharmaceutical sponsored the event.

This unique gathering held by POA was thoroughly appreciated by everyone. It provided a grand opportunity to make new friends with foreign guests and get in touch with old acquaintances. It reflected unity and harmony amongst the orthopedic community of Pakistan.
Clinical Examination Preparatory Course for FCPS Part II

The department of orthopedic surgery civil hospital karachi and dow university of health sciences has conducted one day clinical examination preparatory course for FCPS part II candidates on 23rd February 2017. 22 candidates participated from different postgraduate institutes of sindh. Prof. Ghulam Mustfa kk was the course director and course faculty were Prof. Ghulam Mehboob, Prof. Anees udin Bhatti, Prof. Asif Qureshi, Prof. Saeed Minhas, Prof. Akhter baig, Prof. Rehana Ali Shah, Prof. Shahid Noor, Prof. Zaki Idress and Prof. Inthakhab Taufeeq.

These all are senior CPSP examiners. They brief the candidates regarding clinical bay and adress their queries. Candidates also took part in mock short and long cases stations were each set of examiners judged their skills. There were group discussions which candidates found to be informitive. This CME activity finished with certificate distribution.

9th Awami Aghai Muheim & Free Orthopaedic Camp Tando Allahyar

Pakistan Orthopaedic Association held its 9th Awami Aghai Muheim & Free Orthopaedic Camp – Tando Allahyar on May 07, 2017. The chief organizer was Prof. Muhammad Aslam Siddiqui. Dr. Aftab Alam Khanzada played a key role in organizing this event, the sponsor was Getz Pharma.

The patients aware regarding different problems of Orthopaedics & their preventions. After that in free camp more than 500 patients examined and advice accordingly. We also able to provide free medication and also pick patients for free surgery at LUMHS Hyderabad.

In camp, also different investigation performed freely including X-rays, BMD, Uric acid, Blood sugar test & etc. in camp Orthopaedic surgeon from Karachi Hyderabad mainly take part including Prof. Muhammad Aslam Siddiqui, Prof. Ayub Laghari, Dr. Asadullah Makhdoom, Dr. Aftab Alam Khanzada, Dr. Abbas Memon, Dr. Safdar Khanzada, Dr. Sulmen Ahmed, Dr. Kashif Ahmed, Dr. Syed Danish, & etc.
Advanced Knee Arthroscopy Workshop

An Advanced Knee Arthroscopy workshop was conducted at Aga Khan University in collaboration with Pakistan Orthopedic Association Arthroscopy forum on April 01-02, 2017. There were a total of 20 participants, 11 from Karachi, 02 from Hyderabad, 02 from Rawalpindi, 01 each from Rahim Yar Khan, Faisalabad, Multan, Bahwalpur & Peshawar respectively. Likewise, we had 6 Operating Room Personnel, all from AKU.

There were 31 lectures, 2 video sessions and 2 hands-on cadaveric workshops. Each participant was given enough opportunity for independent hands-on learning of these demanding skills. In addition there were two live surgeries streamed live from the AKU OR16 to CIME building. Each participant was given enough opportunity for independent hands-on learning of these demanding skills. In addition there were two live surgeries streamed live from the AKU OR16 to CIME building.

Course faculty included Dr Matteo Denti from Italy, Dr Masood Umer (AKU, Karachi), Dr Khalid Mehmood Shah (Hill Park Hospital, Karachi), Dr Saeed Ahmed (JPMC Karachi), Dr Kamran Butt (Doctor’s Hospital, Lahore), Dr Shams Tabraiz (UK), Dr Umar Butt (UK), Dr Mujahid Jamil (AKU, Karachi), Dr Naveed Baloch (AKU, Karachi). Dr Masood Umer was the course director and Dr Naveed Baloch the course coordinator (AKU, Karachi).
Monthly Clinical Conference
Department of Orthopaedic and Spine Surgery, Hayatabad Medical Complex, Peshawar

The monthly clinical orthopaedic conference is the only academic activity which is being held regularly on rotation basis in various tertiary care hospitals of KPK for the last many years.

This time the host was Department of Orthopedic and Spine Surgery Hayatabad Medical Complex. The conference was held on Thursday 25th May 2017 at Auditorium of Hayatabad Medical Complex, Peshawar.

Prior invitations were sent to all orthopaedic surgeons of KPK.

The program started with recitation from Holy Quran. Large number of cases were discussed, including Paediatric Orthopaedic, Arthroplasty Spine Surgery and neglected trauma. The conference was attended by senior faculty from all the teaching hospitals and some from periphery. The trainees took great interest in cases and had opportunity to discuss with senior faculty members. Among the senior faculty who attended the conference were, Prof Mohammad Arif, Associate Prof Alamzeb Khan, Prof Zahid, Askar, Dr Shoaib G.S POA, Dr Shabir Khattak, Dr Israr Ahmad, Dr Zeeshan, Dr Wasim, Dr Noor Rehman, Dr Salik, Dr Shams, Dr Wali and many PG trainees.

The participants were served with lunch at the end of activity, and Prof Mohammad Arif thanked the participants.

Arthroplasty Workshop & Live Surgery

Inaugural ceremony of newly established arthroplasty operation theater suit was held on 28th march at department of orthopaedic surgery, CMC larkana, Professor Amer Aziz was the chief guest of occasion, professor Anisuddin Bhatti, ex director Jpmc was guest of honor, officials of SMBB medical university, CMC larkana, CMC hospital larkana, district administrators, professor senior professors, consultants, doctors, post graduates, civil society personals and media persons attended the ceremony in large number.
Professor Asadullah Mahar welcomed all guests and gave briefing for the efforts being taken for establishing arthroplasty services in remote areas as common poor men can get benefit. Professor Amer Aziz appreciated the efforts of the team of orthopaedic CMC department for establishing updated facilities for poor patients.

Whole upper Sindh

2nd Primary Total Knee Arthroplasty Course

2nd Primary Total Knee Arthroplasty Course was organized at FTC, Karachi by Ziauddin Medical University, Karachi in collaboration with the Pakistan Orthopaedic Association (POA) on 22-23rd April, 2017. Prof. Younus H. Soomro was the Chief Guest, Prof. Imtiaz Hashmi, Chief of Orthopaedic Department, Ziauddin Hospital, was the Chairman and Dr. Sohail Rafi was the coordinator of this course.

The course was aimed at providing insight into the principles of primary knee joint replacement surgery to young Orthopaedic surgeons with an interest in joint replacement surgery. This was accomplished using interactive sessions and hands-on saw bone workshops. International Speaker and Well-known Arthroplasty surgeon Dr. Barry McKillop & Dr. Aiden Devitt, were especially involved with participants in sharing his experience and answering their queries, helping to clarify their concepts.

Around 30 young consultants and orthopedic residents from all over Pakistan attended this workshop, showing enthusiasm and interest of Young surgeons to update themselves and their willingness to acquire arthroplasty as their sub-speciality.

The national faculty included Dr. Amer Aziz, (Lahore) Dr. Syed Shahid Noor, Dr. Parvaiz Hashmi, Dr. Shahyar Noordin, Dr. Riaz Hussain, Dr. Mujahid Jameel, Dr. Madiha Hashmi (Karachi).

In the end, shields and certificates were distributed.
Anterior Approach for Total Hip Arthroplasty

The Indus Hospital Karachi has been providing service to the citizens of Karachi for the last 10 years. In this time in addition to providing care effort has been made to focus on innovative approaches and education at all levels and develop International collaborations to provide even better care to our patients.

With these aims in mind, The Indus Hospital was fortunate to be joined in the first week of May by a team from the USA focusing on Total Joint Replacement Surgery.

Dr Umer Burney, Consultant Orthopaedic Surgeon in Dallas USA was accompanied by his Physicians Assistant (PA) Mr Marcus Cotton and Mr Rhett Steen from Zimmer USA. They were well supported by Zimmer Pakistan in this endeavor. The Orthopaedic team from Indus Hospital, Profs. Mohd. Amin Chinoy, Mansoor Ali Khan and Syed Kamran Ahmed helped organize and coordinate the trip

On 1st of May a workshop was organized on the Anterior Approach for Total Hip Arthroplasty, a technique Dr Burney has specialized in since 2009. In addition to the talk by Dr Burney, additional talks were delivered by Prof Mohd Umar and Prof Shahid Noor. This was followed by a live surgery demonstrating the Anterior Approach to THR. The session was well attended by senior surgeons from across the city who participated in a lively discussion after the surgery

From 2nd May onwards till the 6th of May the team performed 31 Total Joint Replacement Procedures (THR and TKR) in collaboration with the Orthopaedic team from Indus Hospital. The team from Indus Hospital as well as Surgeons from the city had an opportunity to witness first hand and perform Total Hip Replacement procedures via the Anterior approach. All the implants were donated free of cost by Zimmer USA.

The Orthopaedic Team at The Indus Hospital want to acknowledge and thank Zimmer USA, Zimmer Pakistan and High-Q company for their help in making this visit a success. There are already plans in place to make this a regular feature annually.
Gebon has slowed down the progression of cartilage destruction & may help to regenerate the joint structure, leading to reduced pain and increased mobility of the affected joint.
Dear colleagues,

Assalam o Alikium

It gives me great pleasure to bring out the second issue of POA Newsletter for the year 2017. This unique document highlights the reports of forums, academic and social activities of POA members and their units from all over Pakistan.

The information shared through their activities not only keep the members updated of their academic and social activities but also serve as a bonding force between the members.

I am thankful to Executive board 2017 for their help in bringing out this issue. I am also thankful to all my colleagues for sending the report of their respective activities.

I also appreciate the help extended to me by Syed Saad Admin officer, POA.

Dr. S. M. Tariq,
Editor Newsletter,
POA