

POA Foot & Ankle Forum in collaboration with

DHQ Hospital Timergara presents:

DIABETIC FOOT SYMPOSIUM

Saturday, March 26, 2022, 9.00am-1.00pm

DHQ Hospital, Timergara, Lower Dir







- Waqar Alam, Timergara (Organiser)
- Amanullah Kakar, Quetta (Chairman)
- Tashfeen Ahmad, Karachi (Director)
- Rizwan Haroonrashid, Karachi (Coordinator)
- Syed Dilbagh Shah, Peshawar
- Irfan Mehboob, Lahore
- Nanik Ram, Karachi

International Faculty:

- Interactive lectures
- Case discussions
- Hands-on workshop on total contact casting
- Suitable for:
- **Residents &**
 - Consultants

- Syed Mohsin Ali, Saudi Arabia
- Khalid Sarwar Khan, Ireland



Course fee: Rs. 1,000 (consultants), 500 (residents) Pre-registration: Mandatory (space is limited, on first-come first-serve basis) Online registration: Corporate sponsor: GENIX



PROGRAM - DIABETIC FOOT SYMPOSIUM CONFERENCE ROOM, D.H.Q. HOSPITAL TIMERGARA March 26, 2022, 9,00am to 1,00pm

Start	End	Duration	Topic	Speaker	Institution			
Session 1: Basics, prevention and assessment								
9:00	9:15	15	Registration					
9 :15	9:25	10	Introduction to symposium, facilitators and participants	Tashfeen Ahmad	Aga Khan University, Karachi			
9:25	9:35	10	Who gets the diabetic foot? Risk factors and epidemiology	Irfan Mehboob	Lahore General Hospital, Lahore			
9:35	9:45	10	What is the pathophysiology of diabetic foot?	Nanik Ram	Aga Khan University, Karachi			
9:45	9:55	10	How to prevent diabetic foot in patients with diabetes?	Syed Dilbagh Shah	Khyber Teaching Hospital, Peshawar			
9:55	10:05	10	How to assess a diabetic foot?	Amanullah Kakar	Bolan Medical College, Quetta			
10:05	10:45	40	Tea Break					

Session 2: Practical								
10:45	11:30	45	Practical - Total Contact Casting	Faculty				
Session 3: Management principles								
11:30	11:40	10	What is the optimal multidisciplinary evaluation and care for patients with diabetic feet?	Khalid Sarwar Khan	NHS Hospitals, Ireland			
11:40	11:50	10	How does one manage a diabetic ulcer?	Waqar Alam	DHQ Hospital, Timergara			
11:50	12:00	10	What is Charcot arthropathy and principles of non-operative management?	Rizwan Haroonrashid	Aga Khan University, Karachi			
12:00	12:10	10	What is the operative management of a Charcot foot?	Syed Mohsin Ali	John Hopkins Aramco Hospital, Dammam, Saudi Arabia			
Session 4: Case based learning								
12:10	12:50	40	Case-based discussion		Bolan Medical College, Quetta Aga Khan University, Karachi			
12:50	13:00	10	Closure and certificate distribution					
13:00			Lunch and prayer					
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