



# **POA Super Specialties Training Fellowship Program 2022-23**



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ACCEPTING  
APPLICANTS**

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2021-2022



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## *Message from President Pakistan Orthopaedic Association (POA)*

It is indeed a matter of great pleasure for me to write these introductory words for the Pakistan Orthopaedic Association official fellowship Announcement.

The Pakistan Orthopaedic Association (POA) has come a long way in its very short history and is expeditiously progressing towards its goal of becoming a leading professional organization in the international ranking. The reason of this remarkable success story lies in its constant persuasion and focus on education and hands-on trainings.

During the last few years, POA has focused on its national fellowship programs. There are 54 opportunities of national fellowships in the following sub specialties across various Centres in Pakistan.



1. Arthroplasty
2. Deformity Correction & bone regeneration
3. Hand surgery
4. Orthopaedic Oncology
5. Paediatric Orthopaedics
6. Sport Surgery and Arthroscopy
7. Spine Surgery
8. Trauma

Last year we received 84 applications for POA National fellowships which shows the interest of young blood towards the subspecialties. Selection of the candidates was through a very transparent process according to criteria that have been developed by the previous executive boards.

In order to maintain the quality of POA fellowships, POA Executive Board has worked the entire year to improve on the guidelines, criteria for fellowships centers, supervisors and fellows.

At the end I would like to emphasize that POA is the only association which has provided a great platform to our young Orthopaedic surgeons for getting subspecialties trainings and fellowships. I can visualize that in near future, surviving without a subspecialty training in this country will be very difficult for an Orthopaedic surgeon. Now is the time that you come forward and avail this opportunity so that you don't stay behind in the professional carrier.

With best regards

**Prof. Eid Muhammad**

President, Pakistan Orthopaedic Association (POA)

## ***Message from Chairman, Research and Education Committee, POA***

I feel pleasure to write a message as Chairman, POA Research and Education Committee. As you all know POA is the only Orthopaedic organization consisting of over 1500 members. POA is trying to do a lot in the academics. One of the achievement of POA is the formation of POA Sub-specialty forums. The other is the recognition of POA Centres for subspecialty training.



Initially only 03 sub-specialty centers got recognition. In 2012 recognized centers were six, and thereafter in 2015-2017 there was a fast growth that POA Research & Education committee recognized 18 subspecialty Centres and today 29 Centres are providing subspecialty hands on training Skill in almost all subspecialties. Till date these Subspecialty Centres of POA have awarded 01-year hands on training to 50 and 06 months training to 8 POA Life members.

It is great hard work and enthusiasm of our mentors that they have attained a status not less than international Centres that a significant number of “**International applicants**” are requesting for Sub-specialty training at our Centres in Pakistan, Indeed it is a great honor and prestige for our community, “**the POA**”

This year POA Research & Education committee is glad to announce 58 scholarships including Trauma, Arthroplasty, Spine Surgery, Hand surgery, Musculoskeletal Tumors, Deformity Correction and Limb Lengthening, Pediatrics Orthopaedics Surgery and Sports Surgery & Arthroscopy for POA members, the young Orthopaedics surgeons.

POA Zindabad

POA Paindabad

With best regards

**Prof. M. Parwez Anjum**

Chairman

POA Research and Education Committee

# Aim and Objective

## Introduction

After completing PMC Level-III training, the orthopaedic surgeons can obtain training at Level-IV through sub specialty fellowship training. Priorities for establishing a sub-specialty program fellowships in Orthopaedic Surgery are based on community needs and availability of infrastructure for the sub-specialty, which are mandatory for accreditation of the programs, the first time and every time.

## Vision/Mission

The sub-specialty fellowship training in Orthopaedic Surgery will ensure in depth knowledge, high quality of skills and attitudes essential for Orthopaedic Surgeons to solve complex musculoskeletal problems of human body in area of their subspecialty, adequately as an accomplished competent sub specialty expert

## List of Subspecialty Fellowships

POA has identified following sub- specialties to start fellowship training of one year in each.

1. Trauma
2. Arthroplasty
3. Spine Surgery
4. Hand & Plastic Reconstruction
5. Musculoskeletal Tumors
6. Deformity Correction and Limb Lengthening.
7. Pediatrics Orthopaedics
8. Sports Surgery & Arthroscopy

## Criteria for Candidate

- a. Candidates shall possess MS/ FCPS (Pak) or equivalent qualification recognized by and registered by Pakistan Medical Commission (PMC)
- b. He\She shall be Life member of Pakistan Orthopaedic Association.
- c. One year after doing post-graduation (M.S/FCPS.)
- d. Provide minimum of two letters of recommendation from consultants with whom the candidate has recently worked with for a minimum period of six months.

## Admission, Internal Assessments, Exit Examination and Certification of Fellowships.

- a. Candidates will apply directly to the POA office along with required documents.
- b. POA Education and Research Committee will hold Interview (oral or written or both), and will submit its recommendations issue to POA office for further process.
- c. POA will **“Register the candidate”** to follow and support the fellow.
- d. Examination System: Continuous Internal Evaluation by the supervisor (s) with record to performance quarterly.
- e. On successful completion of fellowship, Candidate will be awarded a fellowship certificate which is subject to submission of two research article to JPOA, attendance certificate and a log book signed by your supervisor.

### **Number of Seats.**

- a. The Education and Research Committee, during inspection will decide the number of seats at on site (depending upon the application of the training site, facilities of training and arrangements for the salary).
- b. Whenever, second seat will be allowed, the training will be from first July to end of June next year.

### **Curriculum/Training Manual**

Supervisor should provide to the fellows, a detailed written curriculum of training program at the beginning of fellowship according to the following.

- a. Introduction
- b. General Objectives
- c. Specific Objectives
- d. Admission Procedure
- e. Fellowship seats with reference to beds, faculty and overall workload.
- f. Structure of the Training Program
- g. Contents of the Program- curriculum (Topics with statements of “Objectives of learning with outcome competencies” which can be measured during accreditations.
- h. Technical Manual containing list of requirements (equipment/instruments/patient load/quality standards) for running fellowship program according to curriculum
- i. Methods of Instructions/Training
- j. Internal Assessments.

### **Stipend of the Fellows**

- a. The monthly take home stipend can vary between 50,000/- month to 70,000/- month.
- b. The POA share in remuneration shall vary from Institution to institution. This will mainly depend on the nature of work of the Fellow.
- c. In private institutions where Fellows will be involved in service to the private (paying) patients, the remuneration will be paid by the institutions.
- d. In public and charity hospitals where all patients are treated free, the remuneration will be paid by POA.
- e. In mixed situation the POA Education and Research Committee will make final judgment.

# Supervisors & their Centres

## Arthroplasty

### Prof. Muhammad Umar

Consultant Orthopaedics Surgeon,  
Institute of Orthopaedics Surgery  
Karachi



### Prof. Syed Shahid Noor

Head, Department of Orthopaedics  
Liaquat National Hospital and  
Medical College, Karachi



### Prof. Shahzad Javed

Consultant Orthopaedics Surgeon,  
Ghurki Trust Teaching Hospital,  
Lahore



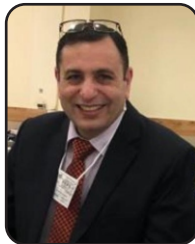
### Dr. Israr Ahmad

Associate Professor,  
Incharge orthopaedic Unit B  
Hayatabad Medical Complex,  
Peshawar



### Dr. Awal Hakeem

Assistant Professor  
Incharge Orthopedic Unit A  
Khyber Teaching Hospital,  
Peshawar



## Deformity Correction & Bone Regeneration

### Prof. Asadullah Makhdoom

Head, Department of Orthopaedics  
Surgery, Liaquat University of  
Medical & Health Sciences  
Jamshoro, Sindh



### Prof. Muhammad Shoaib Khan

Prof. & Chairman of Orthopaedic  
Department & Associate Dean,  
Post Graduate MTH Khyber  
Teaching Hospital, Peshawar



### Dr. Haroon ur Rashid

Associate Professor  
Aga Khan University Hospital,  
Karachi



### Dr. Awad Ahmad Awad

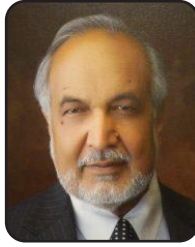
Assistant Professor  
Nishtar Medical University,  
Multan



## Hand Surgery

### **Prof. Tahseen Ahmed Cheema**

Consultant Orthopaedics Surgeon  
National Hospital, Bahawalpur



### **Brig. Khalid Masood**

Consultant Orthopaedics Surgeon  
Hand & Upper Limb Centre,  
CMH, Lahore



### **Dr. Muhammad Siraj**

Assistant Professor,  
Khyber Teaching Hospital,  
Peshawar



## Orthopaedic Oncology

### **Dr. Muhammad Zeeshan Khan**

Assistant Professor,  
Rehman Medical Institute,  
Peshawar



## Paediatric Orthopaedic Surgery

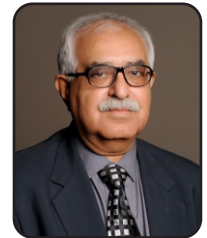
### **Prof. Atiq uz Zaman**

Consultant Orthopaedics Surgeon  
Ghurki Trust Teaching Hospital  
Lahore



### **Prof. Anisuddin Bhatti**

Consultant Orthopaedic Surgeon,  
Ziauddin Medical University  
(Clifton Campus), Karachi



### **Dr. Sikandar Hayat**

Associate Professor,  
Khyber Teaching Hospital  
Peshawar



### **Dr. Salik Kashif**

Assistant Professor  
Hayatabad Medical Complex,  
Peshawar





## Spine Surgery

### **Prof. Amer Aziz**

Head, Department of Orthopaedics  
Ghurki Trust Teaching Hospital,  
Lahore



### **Prof. Khalid Hussain**

Consultant Orthopaedics Surgeon  
Doctors Hospital & Medical Center  
Lahore



### **Prof. (Maj. Gen.) M. Asad Qureshi**

Head, Department of Spine Surgery  
CMH Rawalpindi.



### **Prof. Imtaiz Ahmed Hashmi**

Consultant Orthopaedics Surgeon  
Ziauddin Medical University  
Hospital, Karachi



### **Prof. Muhammad Arif Khan**

Head, Department of Orthopaedics  
Hayatabad Medical Complex,  
Peshawar



### **Prof. Muhammad Ayaz Khan**

Head, Department of Orthopaedics  
Unit II, Khyber Teaching Hospital,  
Peshawar



### **Prof. Mian Muhammad Hanif**

Head, Department of Orthopaedics  
Lahore General Hospital, Lahore



## Sport Surgery & Arthroscopy

### **Dr. Umer Mehmood Butt**

Consultant Orthopaedics Surgeon  
A.O. Hospital, Karachi



### **Dr. Mohammad Sufyan**

Assistant Professor,  
Liaquat National Hospital,  
Karachi



## Trauma

### **Prof. Zaki Idrees**

Consultant Orthopaedics Surgeon  
Liaquat National Hospital &  
Medical College, Karachi



### **Prof. Muhammad Iqbal**

Associate Professor,  
Mayo Hospital, Lahore



### **Prof. Naeem Ahmed**

Consultant Orthopaedics Surgeon,  
Ghurki Trust Teaching Hospital,  
Lahore



# THE PAKISTAN ORTHOPAEDIC ASSOCIATION

## SUPER SPECIALITIES TRAINING FELLOWSHIP PROGRAM

### Application Form

1. Fellowship applied for: \_\_\_\_\_

2. Personal :

a. Name \_\_\_\_\_

b. Designation: \_\_\_\_\_

c. Hospital: \_\_\_\_\_

d. POA No.: \_\_\_\_\_ Status: \_\_\_\_\_

e. Mobile #: \_\_\_\_\_ Email: \_\_\_\_\_

f. Age: \_\_\_\_\_ PMDC #: \_\_\_\_\_

3. Qualification:

a. Degree: \_\_\_\_\_ Year/ Institute: \_\_\_\_\_

b. Degree: \_\_\_\_\_ Year/ Institute: \_\_\_\_\_

c. Degree: \_\_\_\_\_ Year/ Institute: \_\_\_\_\_

d. Degree: \_\_\_\_\_ Year/ Institute: \_\_\_\_\_

4. Teaching Experience:

a. Institute: \_\_\_\_\_ No. of year: \_\_\_\_\_

b. Institute: \_\_\_\_\_ No. of year: \_\_\_\_\_

c. Institute: \_\_\_\_\_ No. of year: \_\_\_\_\_

5. Publication:

a. No. of Original research Paper(s): \_\_\_\_\_

b. In Indexed Journals (National / International)

i. 1<sup>st</sup> Author \_\_\_\_\_ 2<sup>nd</sup> Author \_\_\_\_\_ Co Author \_\_\_\_\_

c. In non-Indexed Journals (National / International)

i. 1<sup>st</sup> Author \_\_\_\_\_ 2<sup>nd</sup> Author \_\_\_\_\_ Co Author \_\_\_\_\_

d. Author or Editor of a Book (Mention Full Details With Copy) \_\_\_\_\_

6. Conference(s) attended:

a. National:

i. \_\_\_\_\_ year: \_\_\_\_\_

ii. \_\_\_\_\_ year: \_\_\_\_\_

iii. \_\_\_\_\_ year: \_\_\_\_\_

iv. \_\_\_\_\_ year: \_\_\_\_\_

v. \_\_\_\_\_ year: \_\_\_\_\_

b. International:

i. \_\_\_\_\_ year: \_\_\_\_\_

ii. \_\_\_\_\_ year: \_\_\_\_\_

iii. \_\_\_\_\_ year: \_\_\_\_\_

iv. \_\_\_\_\_ year: \_\_\_\_\_

v. \_\_\_\_\_ year: \_\_\_\_\_

**7. Workshop(s) attended:**

a. National:

i. \_\_\_\_\_ year: \_\_\_\_\_

ii. \_\_\_\_\_ year: \_\_\_\_\_

iii. \_\_\_\_\_ year: \_\_\_\_\_

iv. \_\_\_\_\_ year: \_\_\_\_\_

v. \_\_\_\_\_ year: \_\_\_\_\_

**b. International:**

i. \_\_\_\_\_ year: \_\_\_\_\_

ii. \_\_\_\_\_ year: \_\_\_\_\_

iii. \_\_\_\_\_ year: \_\_\_\_\_

iv. \_\_\_\_\_ year: \_\_\_\_\_

v. \_\_\_\_\_ year: \_\_\_\_\_

8. **References letter:** From 2 senior colleagues whom you have worked in the last three years

9. **Other Details:**

a. Date:

b. Place:

10. **Attached:**

a. Bio-data / CV

b. Educational qualifications

c. Photocopies of Publications

**Signature of Applicant**



# Pakistan Orthopaedic Association Fellowship Guidelines

## ELIGIBILITY

1. Only **Life Members** of POA are eligible.
2. Only applications in the above format will be accepted.
3. Application will be accepted in **only one sub specialty at a time**
4. Extra serial numbers should be added for any additional information.
5. Only written communication will be entertained.
6. Only selected candidates will be informed.
7. If selected candidate does not join/submit his arrival then he/she should be **debarred for 2 years from POA fellowship program.**
8. Members selected in the past for fellowship, will not be eligible to apply.
9. Members selected in past for fellowship, who did not join their fellowship centre will not be eligible to apply.
10. Application must be sent by Speed / Registered post / email / online only.
11. Chairman, Research and Education committee will coordinate in between candidates, supervisors and relevant committee for smooth running of all affairs.
12. Scrutiny, short listing and interviews shall be organized by Research and education committee along with supervisors on ZOOM or during upcoming OrthoCon.
13. Self-attestation of documents sent to POA office is must.
14. One set of **hard copies** of Curriculum vitae, Bio-data, application and the relevant authenticated Xerox copies of the documents must reach to **POA Head Office: Room 301, 3rd Floor 106-C Al.Murtaza Commercial Lane- 1 Phase VIII DHA Karachi, Pakistan.**
15. One set of **soft copy** to Secretary General: [pakistanorthopaedicassociation@gmail.com](mailto:pakistanorthopaedicassociation@gmail.com), via link: <https://www.smartsurvey.co.uk/s/Fellowshipprogram2022-23/> on or before **15 October 2022.**



### FOR CORRESPONDENCE

Room # 301, 3rd Floor 106-C, Al-Murtaza  
Commercial Lane- 1 Phase 8 DHA, Karachi.

021 2294825 & 0332-3779085

[pakistanorthopaedicassociation@gmail.com](mailto:pakistanorthopaedicassociation@gmail.com)

[www.p-o-a.org](http://www.p-o-a.org)

