



# PAKISTAN ORTHOPAEDIC ASSOCIATION (POA)

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(2021-2022)

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16<sup>th</sup> Jan 2023

## **35<sup>TH</sup> ANNUAL GENERAL BODY MEETING** **MINUTES**

Jan 13, 2023 | Hotel Serena Islamabad | 11:00 pm

### **Agenda # 1 Recitation from Holy Quran**

Few verses from the Holy Quran were recited by Dr. Wazir Ahmed.

Prof. Eid Muhammad & Prof. Asadullah Mahar welcomed to all the executive board members and the POA members.

### **Agenda # 2 Dua e Maghfirot for departed soul of relatives of POA Members**

Surah Fateha and dua was offered for the departed souls of relatives of our POA members by Dr. Wazir Ahmed

### **Agenda # 3 Address by the President Pakistan Orthopaedic Association**

Prof. Eid Muhammad addressed the house. He highlighted various achievements of Executive Board of POA during the year 2021-2022, which are as follow:

He thanked to ALLAH SWT for giving him this opportunity to address this august house. It has been an honor and a privilege to have served as President of the Pakistan Orthopaedic Association. He began by expressing his heart full gratitude to each member of POA and especially Executive board for their support.

#### **Achievements:**

Following achievements and discussion were made during my tenure:

#### **a. POA Tumor & Trauma Registry**

The project of developing a tumor and trauma registry was discussed. Prof. Masood Umer was nominated as chairman to start the registry under the umbrella of POA.

#### **b. Issue created for the Post of Treasurer and Editor in Chief and POA Sub-Committees:**

The Board discussed in detail the issue creating for the post of Treasurer and Editor-in-Chief, and POA Sub-Committees.

#### **c. Quality Training and increase in slots & Utilization on Teaching posts**

POA has written to the Heads of institutes/Government to create more posts for young doctors who have postgraduate qualifications for the posts of Senior Registrar/Assistant Professor.

In order to meet the criteria set out by PMDC/PMC and HEC, a committee was established with the mandate to provide quality training and to increase the available slots.

#### **d. International Liaison & Academic Collaboration of POA with partner societies & AAOS/IOTA Leadership and Future prospects with POA**

POA is trying to make connections with international societies to create international fellowship slots and an affiliated Partnership for exchange fellowship program. Executive member POA Punjab, Dr. Usama bin Saeed, has made an effort to make POA an affiliated association of IOTA (International Orthopaedic Trauma Association). POA is

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honored to be able to represent Pakistan at the First Triennial IOTA Meeting in Amsterdam. For the first time, the Pakistani flag was displayed at this rapidly growing platform of 24 countries, where we presented our research work from AKUH (Team Prof Masood Umer). After a struggle of over a year, and successful liaison between POA and IOTA, it is expected to bring about quality education, and open new avenues for our young surgeons to experience global education and fellowships in Orthopedic surgery and Trauma. We are blessed (Alhamdulillah) to have accomplished this unprecedented milestone for the Pakistan Orthopedic Association, as a member of international affairs and the Executive Board.

#### e. Accreditation of new Centres for trainings

About nine new centers for POA fellowships were accredited this year, enabling more POA members to take part in various subspecialties. A huge thank you, is owed, to Prof. M. Parwez Anjum, Chairman of the Research and Education Committee, and his team, as well as the supervisors, whose hard work made the POA fellowship program a success in educating POA members. Additionally, out of the 47 slots, 34 paid slots were awarded to POA members.

#### f. POA Pakistan Orthopaedic Text Book

Prof Masood Umer has initiated this great endeavour to produce a POA Orthopaedic textbook.

#### g. JPOA

Due to the tireless efforts of Chief Editor Dr Faaiz Ali Shah, our journal has been recognized by PMC, HEC, and has achieved a high number of citations. Despite the immense pressure he is under, he is managing to cope. After the submission of their manuscripts, many authors have been pressuring him for early publication.

#### h. Amendment in POA Constitutions

The POA Board is delighted to have incorporated Forums as point 24 in the POA Constitution and Bylaws. Eight Forums have been formed and are actively functioning. In addition, POA has also streamlined the speeches given by the candidates for Secretary General and President Elect in the General Body, the holding of elections on any day of the Pak OrthoCon, the formation of committees, the quorum for GB & EB Meetings, the summoning of EB and GB meetings, and POA electronic voting/online voting.

The body members referred the matter for amendment to constitution committee and agreed to accept the report if execute Boards approved it.

#### i. Establishing trauma centres and creating Rapid Response Teams for Disasters and Mass Casualties

Trauma centres are being established in major cities of Pakistan, but there is also a need to establish trauma centres in cities along motorways at a distance of 50 kilometres as well as in the outskirts of major cities of Pakistan.

#### j. POA Election via Electronic Card

The Election Commission, along with Prof. Tahseen Cheema and Masood Umer shah, put in a tremendous effort this year to make the POA Election more efficient and time-saving.

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## k. Legal Assistance and welfare of Members

The POA strives to work for the welfare and financial assistance of its members, such as providing guidance on how to save money and support each other. Moreover, the POA has decided to form a legal committee on a provincial basis to provide legal assistance members against false accusations. The legal committee will consist of two senior POA members and the POA president.

House appreciated the hardest effort of Prof. Eid Muhammad and the Executive Board 2021-22

## Agenda # 4 Approval of last General body meeting Minutes

Prof. Raja Irfan Qadir presented draft of last General body minutes for its approval; house discussed and approved unanimously.

## Agenda # 5 Audited Report of 34<sup>th</sup> Pak OrthoCon 2021

Prof. Masood Umer presented the audited Report of 34<sup>th</sup> Pak Orthocon 2021 which are as follow:

Total receipts:	Rs.	116,746,916
Total Payments:	Rs.	72,754,500
Less payments:	Rs.	43,992,416
Closing bank Balance:	Rs.	43,992,416

Audited report was approved unanimously which was proposed by Prof. M. Amin Chinoy and Seconded by Dr. Shoukat Hayat Khan

## Agenda # 6 Preliminary report of 35<sup>th</sup> Pak Orthocon 2022, Rawalpindi

Prof. Riaz Ahmed presented his agenda and informed the house about the progress of the Conference

House appreciated the effort of Riaz Ahmed and his team.

## Agenda # 7 Annual Report

Prof. Asadullah Mahar presented his annual report mentioning his progress and development which are as follows:

## PROGRESS AND DEVELOPMENT

### 1. Muhammad Sufyan as supervisor of Sports medicine and Arthroscopy at Liaquat National Hospital Karachi

As per decision in 34<sup>th</sup> GB meeting, Dr. Muhammad Sufyan has been recognition as supervisor for POA Sports surgery and arthroscopy fellowship at Liaquat National Hospital, Karachi,

### 2. Rearrangement in schedule of elections and Holding of GB meeting so that there is maximum attendance during presentation of papers and GB meeting

Decision as in agenda 3. (h)

Members of body appreciated the idea and allowed to proceed further by making software for online payment of fees etc.

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## 3. Matters of young Orthopaedic surgeons with regard to Quality Training and increase in slots & Utilization on Teaching posts

It was suggested that the Pakistan Orthopaedic Association (POA) and senior members/Heads of Departments should strive to provide more slots for young surgeons in their hospitals, so that the maximum number of young surgeons can be accommodated. To this end, POA has sent letters to the Heads of Institutes/Government to create more posts for young doctors with post-graduate qualifications for the posts of Senior Registrar/Assistant Professor.

A committee was set up, headed by Prof. Tahseen Riaz, Prof. M. Arif Khan, and Dr. Zahid Khan, to investigate the matter with the mandate of ensuring quality training and increasing slots to meet the Pakistan Medical Commission (PMC) and Higher Education Commission (HEC) criteria. Furthermore, POA is also attempting to facilitate academic programs to the highest degree.

## 4. POA Fellowship 2022

Fellows were selected based on interviews and were advised to join their respective centers as soon as possible. Most of the fellowship slots in different subspecialties were paid.

## 5. Survey of peripheral Hospitals regarding working atmosphere and facilities available to them

It was decided to conduct a survey of peripheral Hospitals regarding the working atmosphere and facilities available to young orthopedic consultants/specialists. In this context, a committee was formulated, consisting of Executive Board member of province by virtue of post Prof. Asadullah Mahar, and Dr. Wazir Ahmed, who will work together for survey of Government Hospitals for availability of Equipment, infra structure and Expert & staff.

Who will sub report to EB of POA for funds and facilities through Government and other sources.

## 6. International travelling fellowship

The President of the POA is attempting to liaise with international societies in order to create international fellowship slots for POA members. Dr. Usama bin Saeed generously volunteered to work on the creation of an international travelling fellowship program.

## 7. Matters of Trainee forums: Representation of trainees in POA / executive board as member, Training Workshops & Mock exams

At the EB meeting, it was discussed to induct one representative of trainees as a co-opted member on the Executive Board, as is the practice in the UK, etc.

Opinions were expressed that the POA already conducts regular MOCK Exams and workshops for Orthopaedic trainees.

A letter was written to the Heads of Departments of Orthopaedics of Teaching Hospitals, requesting their Academic schedules so that the POA can arrange and facilitate workshops in their respective institutes.

## 8. Accreditation of new Centres for trainings

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Following Centres were accredited in respectively during this year:

Sr. No.	Subspecialty	Institute	Supervisors
1	Deformity Correction and bone regeneration	Civil Hospital/ DUHS Karachi	Prof. Itaat Hussain
2	Sports Surgery & Arthroscopy	Khyber Teaching Hospital, Peshawar	Prof. Zahid Askar
3	Arthroplasty	Khyber Teaching Hospital, Peshawar	Dr. Awal Hakeem
4	Hand Surgery	Khyber Teaching Hospital, Peshawar	Dr. Muhammad Siraj
5	Hand Surgery	Mayo Hospital, Lahore	Dr. Muhammad Akram
6	Paediatric Orthopaedic Surgery	Ziauddin Medical University, Karachi	Prof. Anisuddin Bhatti
7	Paediatric Orthopaedics	Children Hospital, Lahore	Dr. Mumtaz Chohan

## 9. Educational Activities i.e. Monthly clinical meetings

Educational activities, such as monthly and fortnightly meetings, hands-on workshops, symposiums, etc., were held in various cities of Pakistan. The effort was made by the respective Vice Presidents and Chairpersons of the POA Forums.

## 10. MOU with international organizations for resident's fellowship exchange program

Matter was discussed and appreciated the efforts of POA body.

## 11. Planning for primary trauma care course in different Hospitals

POA has demonstrated its commitment to offering courses throughout Pakistan, and is aiming to expand to other provinces with the assistance of senior members of POA. In this context Dr Naeem Ahmed GTH was assigned to make schedule of courses to be conducted. The body appreciated.

## 12. Incorporation of Forums in POA constitutions by Laws

The General Body Meeting approved the incorporation of forums in the POA Constitutions and Bylaws as Article No. 23, and this was added to the POA Constitutions and Bylaws Committee as Point 23, called POA Forums. It was also decided to submit annual report of activities and funds to POA and hold elections bi-annually

## 13. Establishment of trauma Centres and constitution of Rapid Response Teams for Disasters and Mass casualties

It was discussed that Trauma Centres should be established in major cities of Pakistan. Furthermore, there is a need to set up trauma centres in cities along motorways at a distance of 50 kilometers.

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President Elect Prof. Tahseen was eager to work on setting up a Trauma Centre in Lahore and was ready to provide his expertise and documents for the establishment of trauma centres in other locations.

## 14. Membership drive

About 250 new members have been added and become members of our Association.

## 15. Increase in membership fees

The Treasurer has suggested raising the membership fee, but his proposal was deferred.

## 16. Online payment of membership fees and dues before elections

Different options were discussed

## 17. JPOA Indexing – Update

Four issues of the journal have been published to date and the latest issue has been published and distributed at the POA conference. The Chief Editor, Dr Faaiz Ali Shah, informed the members that the journal had been indexed in the Y category by the HEC, and that he was completing his tenure and requested for the selection of a suitable person to take his place.

Thanks to the hard work of Dr Faaiz Ali Shah, our journal has been acknowledged by PMC, HEC, and has achieved a high number of citations. Despite the immense pressure he is under, he is managing to cope. After submitting their manuscripts, many authors have been pressuring him for early publication.

## 18. Social activities

Activities were held in different place of Pakistan

## 19. Nomination of visiting tourism

Prof. Naeem Ahmed was nominated for Pakistan Committee of Visiting tourism.

## 20. Pakistan Orthopaedic Text Book

Work on the POA textbook was in its final stages, as reported by Professor Masood Umer. There were 23 topics and the authors had submitted their writings and other material, which is set to be printed this year.

## 21. Legal Assistance and welfare of Members

POA is also keen to work for welfare/ financial assistance for POA members. It was suggested to include Rs 1000/=in Registration fee of orthocon for welfare fund and grant of 10 lacs as token of instant help to families of untimely death of member till policy is made for regular help it was decided 5% annual 5% increase on untimely death of member to deserving family. This fund will be collected annually 1000 from each registered member of ortho con and deposited in newly opened welfare fund account of POA

Regarding legal assistance to POA members, Prof Tahseen Riaz is member of Punjab Health care commission & has come across with certain complaints against doctors who otherwise, were not guilty therefore there is need to assist POA members legally

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from black mailers. In this regard, a decision for legal aid committees were constituted province wise which is as under:

### Sindh:

1. Prof Zulfiqar Ali Soomro as Chairman
2. Dr: Sabir Memon as Member
- 3 Vice president by virtue of post as member/co-ordinator

### Punjab:

1. Prof. Khalil Ahmed Gill as Chairman
2. Dr. Muzzafar Nasrullah Chatha as member
3. Vice president by virtue of post as member/co-ordinator

### Baluchistan:

1. Prof. Hamidullah Panezai as Chairman
2. Prof. Muhammad Bukhsh as member
3. Vice president by virtue of post as member/co-ordinator

### KP:

1. Dr. Salik Kashif as Chairman
2. Dr. Ihsanullah as Member
3. Vice president by virtue of post as member/co-ordinator

## 22. AJK to be included in POA constitution

Dr. Sajid Manzoor once more raised the point of AJK being merged with the Punjab Board, having requested him several times to submit their papers in order to fulfill the constitutional requirements as decided in the General Body meeting.

The matter of allowing members from Gilgit Baltistan and Azad Jammu Kashmir to contest elections on central posts. After long and hot discussion Dr Asfand yar proposed to start Islamabad as separate chapter and include AJK, Gilgit & Baltistan in it for central posts as well as provincial posts, Prof Asadullah Mahar seconded. The matter was referred to constitution committee for amendments in constitution and making new rotational schedule

## 23. POA Election 2022 through electronic card

Professor Ghulam Mustafa K. K., the Chief Election Commissioner, took the initiative to conduct elections through an e-card. The Election Board (EB) unanimously decided to implement electronic voting physically in POA elections for 2022-23. Additionally, a conventional voting system procedure will also be available as a standby procedure. The majority of the EB decided to hold election by electronic voting system and to amend the constitution upon approval from the forthcoming General Body Meeting in 2023 concerning online voting and elections prior to the POA annual conference.

It was decided as in Agenda 03 ( h) and agenda 22

## 24. Fellowship announcements

An announcement has been made that 63 POA members have applied for this year and fellows are being selected through interviews conducted by their respective supervisors.

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## 25. International Liaison & Academic Collaboration of POA with partner societies & AAOS Leadership and Future prospects with POA

The President of the POA has taken an initiative to connect with partner societies for academic exchange globally. Dr Usama bin Saeed, a member of the International Liaison Committee, proposed a plan and road map that was approved at the board meeting.

At his first meeting with the International OTA leadership (IOTA) in Chicago this year, it was agreed that POA members can become members of IOTA. The British Pakistani Orthopaedic Society (BPOS) expressed a wish to join forces with POA on this mission, and the matter will be further discussed to create a plan for future collaborations.

POA to collaborate in - Research publications exchange between JPOA and JAAOS.

It was agreed that:

- POA members can join AAOS at concessional rates/fees
- Faculty exchange can be done between AAOS & POA
- Pakistan to be invited as guest nation in 2025
- POA also wrote to SICOT for Exchange fellowship program

POA is honored to have had the opportunity to represent Pakistan at the first Triennial IOTA (International Orthopedic Trauma Association) meeting in Amsterdam. This is the first time our flag has been displayed on this rapidly growing platform of 24 countries, where we presented our research work from AKUH (Team Prof Masood Umer) for the first time. After over a year of hard work and successful liaison between POA and IOTA, we are expecting to bring about quality education and open new avenues for our young surgeons to experience global education and fellowships in orthopedic surgery and trauma. Feeling blessed (Alhamdulillah) to have achieved these unprecedented milestones for Pakistan Orthopedic Association, being a member of the International Affairs and Executive Board.

Many Congratulations 🎉 to POA. Long Live Pakistan 🇵🇰!

## 26. Amendments in POA Constitution and Bylaws

Following matter were forwarded to POA Constitution & Bylaws Committee for their opinion:

### a. Speech by candidates for Secretary General and President Elect in General body:

It was suggested by EB members that to drop speeches in GB meeting but 5 minutes speeches of President Elect and Secretary General contesting for Election may be provided/ sent to General Secretary 2 days before elections for uploading on Website of POA

### b. Holding of election on any day of Pak OrthoCon which may be amended that election could be held during conference or before / after the conference at all provinces.

It was decided to hold election at each province & Islamabad OR on line election one week prior to Orthocon

It was decided as in agenda 3 (h)

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## c. Formation of committees

According to constitution & Bylaws "Various committees be constituted in the first executive board meeting in accordance with governing rules of the organization to look after various concerns of POA in a more comprehensive and coordinated manner. They will hold their meeting at least twice a year".

Considering conflicts between outgoing and incoming body members the selection of members of committees may not be get finalized in first combined meeting. The executive board members of current body are of opinion to amend constitution, so that selection of committees may be done by incoming winning body. The opinion is hereby sought that committees may be constituted by incoming winning body. Their tenure will be for one year so that every board can constitute POA committee for their term however they will hold a committee meeting at least twice a year.

It was decided to constitute committee according to POA constitution i.e in first Combined meeting.

## d. Quorum for GB & EB Meeting & Summon of EB and GB meeting

EB observed that now POA has become a largest Association and members are increasing date by date therefore opinion is hereby sought that the Quorum for GB may be 10% membership instead of 50 members and Quorum for special EB meeting should be 07 members instead of 05 members.

Regarding summon of EB there is an opinion that summon a special meeting of the Executive Board on a requisition in writing signed by not less than 7 members of the Executive Board. Notice of the meeting shall be given by the Secretary General in writing to all the members at least 15 days in advance. The extra ordinary GB meeting may be called on request of 10 percent members instead of 2/3rd POA members which could be called at any time.

It was decided to adopt same rules as already exist in POA constitution

## e. Revisit, Spelling/Grammatical mistakes in POA constitution and Bylaws

Letter will be sent to constitution committee for rectification

## f. POA Electronic Voting / online voting:

EB expressed that time has come for incorporation of modern technology to facilitate the election process. EB has explored the possibilities and the available technology in detail with the experts of ITs. Both options of voting machine and on-line voting are secure and feasible. Members of executive board are of unanimous opinion that latest mode and method of secret ballot through EVM /online voting may be incorporated in POA CONSTITUTION AND BYLAWS.

## g. APOA Federation fees:

It was decided to release the remaining amount of APOA federation fee for 3 years.

## Agenda # 8 JPOA Annual Report

Dr. Faaiz Ali Shah presented his report and shared the updates of JPOA which are as follows:

### a. International Advisors

1. Following international advisors were added

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- i. Benjamin J. Miller, USA
  - ii. Muhammad Iftikhar B. Hanif, Malaysia
  - iii. Munwar Shah, UK
- b. JPOA has started its own JPOA virtual Journal Club, in which JPOA published article are presented for discussion and expert opinion, JPOA has arranged two journal clubs up till now, a very good participation was received, held on monthly basis.
  - c. Three editorial meetings were held in due course of time to discuss different issues related to JPOA.
  - d. In COVID-19 pandemic, JPOA has started FCPS-II Multiple Choice Questions (MCQ) Series I
  - e. JPOA indexed in the following agencies:
    - a. ScopeMed, IJIFECTOR, Google, Cite Fator, PakMediaNet, Eurasian Scientific, Research Bib, DRJI, HEC, Medical & Dental Council, Euro Pub, Inter. Scientific Indexing, IPIndexing, PKP Index, and ICMJE.
  - f. September and December issues of 2022 are now published online and printed
  - g. JPOA has started its own JPOA virtual Journal Club, in which JPOA published article are presented for discussion and expert opinion, JPOA has arranged two journal clubs up till now, a very good participation was received, held on monthly basis.
  - h. JPOA has also applied for indexation from Web of Sciences and Scopus, the process is underway and hopefully JPOA will get its indexation by web of science. Regarding Scopus, they have requested to resubmit the application in 2022.

House appreciated his effort and editorial board

## Agenda # 9 Finance Report

Dr. Shaikh Naeem Ul Haq presented the Audited report and informed the financial status of POA:

### Summary from 1st July 2021 to 30th June 2022

Total receipts:	Rs.	245,782,179
Total Payments:	Rs.	166,392,210
Less payments:	Rs.	79,389,969
Closing bank Balance:	Rs.	79,389,969

### Summary from 1st Jul 2022 to 30th November 2022

Total receipts:	Rs.	81,292,968.96
Total Payments:	Rs.	23,697,528.00
Less payments:	Rs.	57,595,440.96
Closing bank Balance:	Rs.	57,595,440.96

House approved the audited report and appreciated his effort

## Agenda # 10 Every province be allowed to have the Election for President of POA on rotational basis

Matter of election for post of President/Secretary General/ Treasurer/Editor in chief from Baluchistan submitted by Lal Muhammad Kakar was discussed and it was decided to include Baluchistan on rotational basis by amending constitution.

## Agenda # 11 Investment proposal for POA Funds / Islamic Term Deposit/ POA Welfare account

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Regarding investment of POA funds it was decided to continue Term deposits in Islamic Bank, because there was no "بج" as told by Prof Muhammad Amin Chinoy.

### Agenda # 12 Election Voting

Prof. M. Arif Khan proposed that POA has achieved another milestone by conducting election on electronic card, however GB can give approval for e voting via email and WhatsApp.

House discussed and approved electronic voting via email or WhatsApp and get approval of minutes on email so constitutional required could be completed. International company would be hired for conduction of POA Election online.

### Agenda # 13 Financial Assistance to families on untimely death of members

It was decided as in agenda 21

### Agenda # 14 Status of AJK in POA Election for Central Post from Baluchistan

It was decided as in agenda 22

### Agenda # 15 Matter of Treasurer of Editor in Chief of JPOA

Agenda was deferred as matter is in honorable court

### Agenda # 16: 36th Pak Orthocon 2024 | Venue

It was decided by show off hands that 36th Pak OrthoCon 2024 will be held in Peshawar and hosted by Hayatabad Medical Complex, Peshawar under the chairmanship of Prof. Arif Khan.

House approved

### Agenda # 17 Criteria for Editor in JPOA

The matter of chief Editor JPOA as member in executive board without voting submitted by Prof: Mustafa K. K was discussed. It was decided to amend constitution and adopt from next tenure

### Agenda # 18 Election Results by the Election Commissioner & Oath taking Ceremony

Result was announced by Election commissioner and Oath was taken from in coming body members by Election commissioner Prof. Ghulam Mustafa K. K. and proceeding were handed over to new General secretary Prof. Naeem Ahmed.

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Prof. Tahseen Riaz

### Secretary General

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Dr. Sardar Sohail Asfar

Dr. M Bakhsh Shahwani

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Announcement of Result is withheld as matter is in Court

### Agenda # 19: Address by new President, POA

Prof. Tahseen Riaz addressed the house. House appreciated the aims and objective.

### Agenda # 20 Any other item with permission of the chair

No agenda was discussed

### Agenda # 21 Vote of Thanks

The Meeting was concluded with a vote of thanks by the President Prof. Tahseen Riaz & Secretary General Prof. Naeem Ahmed.

### Prof. Asadullah Mahar

Secretary General  
Pakistan Orthopaedic Association

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