POA Super Specialties
Training Fellowship Program 2022-23

NOW ACCEPTING APPLICATIONS
LAST DATE OF SUBMISSION: 20th OCTOBER, 2023
**Message from President Pakistan Orthopaedic Association (POA)**

It is indeed a matter of great pleasure for me to write these introductory words for the Pakistan Orthopaedic Association's (POA) official fellowship announcement. The Pakistan Orthopaedic Association (POA) has come a long way in its very short history and is expeditiously progressing towards its goal of becoming a leading professional organization in the international ranking. The reason for this remarkable success story lies in its constant pursuit and focus on education and hands-on training.

During the last few years, POA has focused on its national fellowship programs. There are 114 opportunities for national fellowships in the following subspecialties across various centers in Pakistan:

- Arthroplasty
- Deformity Correction & Bone Regeneration
- Hand Surgery
- Orthopaedic Oncology
- Paediatric Orthopaedics
- Sports Surgery and Arthroscopy
- Spine Surgery
- Trauma

Last term, we received 184 applications for POA National fellowships, which shows the interest of young blood towards the subspecialties. Selection of the candidates was through a very transparent process according to criteria that have been developed by the previous executive boards.

In order to maintain the quality of POA fellowships, the POA Executive Board has worked the entire year to improve the guidelines, criteria for fellowship centers, supervisors, and fellows.

At the end, I would like to emphasize that POA is the only association that has provided a great platform to our young Orthopaedic surgeons for getting subspecialty training and fellowships.

I can visualize that in the near future, surviving without subspecialty training in this country will be very difficult for an Orthopaedic surgeon. Now is the time for you to come forward and avail this opportunity so that you don't stay behind in your professional career.

With Best Regards,

Prof. Tahseen Riaz
President, Pakistan Orthopaedic Association (POA)
Message from Chairman, Research and Education Committee, POA

I take great pleasure in writing this message as the Chairman of the POA Research and Education Committee. As you all know, POA is the only Orthopaedic organization consisting of over 1800 members, and it is actively engaged in advancing academic initiatives.

One of POA's notable achievements is the establishment of POA Sub-specialty forums. Another significant milestone is the recognition of POA Centers for subspecialty training. Initially, only three sub-specialty centers received recognition. In 2012, the number of recognized centers grew to six, and subsequently, from 2015 to 2017, there was rapid expansion. The POA Research & Education Committee recognized 18 subspecialty Centers, and today, 29 Centers offer hands-on training in almost all subspecialties.

To date, these Subspecialty Centers of POA have provided one-year hands-on training individuals and six-month training to 114 POA Life members. It is a testament to the great dedication and enthusiasm of our mentors that these centers have achieved international recognition. A significant number of "International applicants" now seek Sub-specialty training at our Centers in Pakistan, which is a great honor and a promising sign for our community, "POA."

This year, the POA Research & Education Committee is pleased to announce 150 scholarships, including opportunities in Trauma, Arthroplasty, Spine Surgery, Hand Surgery, Musculoskeletal Tumors, Deformity Correction and Limb Lengthening, Pediatric Orthopaedics Surgery, and Sports Surgery & Arthroscopy for POA members, particularly young Orthopaedic surgeons.

POA Zindabad!
POA Paindabad!

With best regards,

Prof. Abu Bakar Siddiq
Chairman
POA Research and Education Committee
Aim and Objective

Introduction
After completing PMC Level-III training, the orthopaedic surgeons can obtain training at Level-IV through sub-specialty fellowship training. Priorities for establishing a sub-specialty program fellowships in Orthopaedic Surgery are based on community needs and availability of infrastructure for the sub-specialty, which are mandatory for accreditation of the programs, the first time and every time.

Vision/Mission
The sub-specialty fellowship training in Orthopaedic Surgery will ensure in-depth knowledge, high quality of skills and attitudes essential for Orthopaedic Surgeons to solve complex musculoskeletal problems of human body in area of their subspecialty, adequately as an accomplished competent sub-specialty expert.

List of Subspecialty Fellowships
POA has identified following sub-specialties to start fellowship training of one year in each.
1. Trauma
2. Arthroplasty
3. Spine Surgery
4. Hand & Plastic Reconstruction
5. Musculoskeletal Tumors
6. Deformity Correction and Limb Lengthening.
7. Pediatrics Orthopaedics
8. Sports Surgery & Arthroscopy

Criteria for Candidate
a. Candidates shall possess MS/FCPS (Pak) or equivalent qualification recognized by and registered by Pakistan Medical Commission (PMC)

b. He/She shall be Life member of Pakistan Orthopaedic Association.

c. One year after doing post-graduation (M.S/FCPS.)
d. Provide minimum of two letters of recommendation from consultants with whom the candidate has recently worked with for a minimum period of six months.

Admission, Internal Assessments, Exit Examination and Certification of Fellowships.

a. Candidates will apply directly to the POA office along with required documents.

b. POA Education and Research Committee will hold Interview (oral or written or both), and will submit its recommendations issue to POA office for further process.

c. POA will “Register the candidate” to follow and support the fellow.

d. Examination System: Continuous Internal Evaluation by the supervisor (s) with record to performance quarterly.

e. On successful completion of fellowship, Candidate will be awarded a fellowship certificate which is subject to submission of two research article to JPOA, attendance certificate and a log book signed by your supervisor.
**Number of Seats.**

a. The Education and Research Committee, during inspection will decide the number of seats at on site (depending upon the application of the training site, facilities of training and arrangements for the salary).

b. Whenever, second seat will be allowed, the training will be from first July to end of June next year.

**Curriculum/Training Manual**

Supervisor should provide to the fellows, a detailed written curriculum of training program at the beginning of fellowship according to the following.

a. Introduction
b. General Objectives
c. Specific Objectives
d. Admission Procedure
e. Fellowship seats with reference to beds, faculty and overall workload.
f. Structure of the Training Program
g. Contents of the Program- curriculum (Topics with statements of “Objectives of learning with outcome competencies” which can be measured during accreditations).
h. Technical Manual containing list of requirements (equipment/instruments/patient load/quality standards) for running fellowship program according to curriculum
i. Methods of Instructions/ Training
j. Internal Assessments.

**Stipend of the Fellows**

a. The monthly take home stipend can vary between 50,000/- month to 70,000/- month.
b. The POA share in remuneration shall vary from Institution to institution. This will mainly depend on the nature of work of the Fellow.
c. In private institutions where Fellows will be involved in service to the private (paying) patients, the remuneration will be paid by the institutions.
d. In public and charity hospitals where all patients are treated free, the remuneration will be paid by POA.
e. In mixed situation the POA Education and Research Committee will make final judgment.
Supervisors & their Centres

**ILIZAROV**

**Prof. Asadullah Makhdoom**  
Head, Department of Orthopaedics  
Surgery, Liaquat University of  
Medical & Health Sciences  
Jamshoro, Sindh

**Dr. Haroon ur Rashid**  
Associate Professor  
Aga Khan University Hospital,  
Karachi

**Prof. Muhammad Shoaiib Khan**  
Prof. & Chairman of Orthopaedic  
Department & Associate Dean,  
Post Graduate MTH Khyber  
Teaching Hospital, Peshawar

**Dr. Awad Ahmad Awad**  
Assistant Professor  
Nishtar Medical University,  
Multan

**Prof. Zamir Ahmed Soomro**  
Head, Department of Orthopaedics,  
Chandka Medical College/SMBBH,  
Larkana

**Dr. Saad Ilyas**  
Assistant Professor,  
Ghurki Trust Teaching Hospital,  
Lahore

**Dr. Muhammad Inam**  
Associate Professor,  
Lady Reading Hospital,  
Peshawar

**Dr. Faridullah Zimri**  
Consultant Orthopaedic Surgeon,  
National Institute of Rehabilitation  
Medicine (NIRM), Islamabad

**HAND SURGERY**

**Prof. Tahseen Ahmed Cheema**  
Consultant Orthopaedics Surgeon  
National Hospital, Bahawalpur

**Brig. Khalid Masood**  
Consultant Orthopaedics Surgeon  
Hand & Upper Limb Centre,  
CMH, Lahore
ORTHOPAEDIC ONCOLOGY

Dr. Muhammad Zeeshan Khan
Assistant Professor, Rehman Medical Institute, Peshawar

Prof. Masood Umer
Head, Orthopaedics Section Aga Khan University Hospital, Karachi, Pakistan

PAEDIATRIC ORTHOPAEDIC SURGERY

Prof. Anisuddin Bhatti
Consultant Orthopaedic Surgeon, Ziauddin Medical University (Clifton Campus), Karachi

Prof. Atiq uz Zaman
Consultant Orthopaedics Surgeon Ghurki Trust Teaching Hospital Lahore

Dr. Sikandar Hayat
Associate Professor, Khyber Teaching Hospital Peshawar

Dr. Salik Kashif
Assistant Professor Hayatabad Medical Complex, Peshawar
Dr. Pervaiz Ali
Associate Professor,
Jinnah Postgraduate Medical Centre, Karachi

Dr. M. Saleem Bashir
Pakistan Society for the Rehabilitation of the Disabled, Lahore

Dr. Mumtaz Hussain Chohan
Assistant Professor,
Department of Paediatric Orthopaedic Surgery,
The Children Hospital, Lahore

Prof. Amer Aziz
Head, Department of Orthopaedics
Ghurki Trust Teaching Hospital, Lahore

Prof. Muhammad Arif Khan
Head, Department of Orthopaedics
Hayatabad Medical Complex, Peshawar

Prof. Brig. Waseem Afzal
Head, Department of Spine Surgery
CMH Rawalpindi.

Dr. Muhammad Ayaz Khan
Head, Department of Orthopaedic & Spine Surgery,
Khyber Teaching Hospital, Peshawar

Prof. Khalid Hussain
Consultant Orthopaedics Surgeon
Doctors Hospital & Medical Center Lahore

Prof. Imtaiz Ahmed Hashmi
Consultant Orthopaedics Surgeon
Ziauddin Medical University Hospital, Karachi

Dr. Akhter Malik
Associate Professor orthopaedic/HOD SIMS/SHL, Lahore
ARTHROPLASTY

Prof. Muhammad Umar
Consultant Orthopaedics Surgeon,
Institute of Orthopaedics Surgery
Karachi

Prof. Syed Shahid Noor
Head, Department of Orthopaedics
Liaquat National Hospital and
Medical College, Karachi

Prof. Shahzad Javed
Consultant Orthopaedics Surgeon,
Ghurki Trust Teaching Hospital,
Lahore

Dr. Israr Ahmad
Associate Professor,
Incharge orthopaedic Unit B
Hayatabad Medical Complex,
Peshawar

Dr. Awal Hakeem
Assistant Professor
Incharge Orthopedic Unit A
Khyber Teaching Hospital,
Peshawar

Dr. Tanveer Sadiq
Consultant Orthopaedic Surgeon
NIRMS/Zimri Hospital,
Islamabad

Prof. Faisal Masood
Head, Department of
Orthopaedics Unit II,
Mayo Hospital, Lahore

Dr. Syed Imran Bukhari
Assistant Professor,
Lady Ready Hospital,
Peshawar
**SPORTS SURGERY & ARTHROSCOPY**

<table>
<thead>
<tr>
<th>Name</th>
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<th>Hospital/Institution</th>
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<tbody>
<tr>
<td>Prof. Rizwan Akram</td>
<td>Professor of Orthopaedic</td>
<td>Ghurki Trust Teaching Hospital, Lahore</td>
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<tr>
<td>Dr. Mohammad Sufyan</td>
<td>Assistant Professor</td>
<td>Liaquat National Hospital, Karachi</td>
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<tr>
<td>Dr. Amir Sohail</td>
<td>Assistant Professor</td>
<td>Jinnah Hospital Unit II, Lahore</td>
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<tr>
<td>Dr. Umer Mehmood Butt</td>
<td>Consultant Orthopaedics Surgeon</td>
<td>A.O. Hospital, Karachi</td>
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<tr>
<td>Dr. Wasim Anwar</td>
<td>Associate Professor</td>
<td>Hayatabad Medical Complex, Peshawar</td>
</tr>
<tr>
<td>Dr. Syed Dilbagh Ali Shah</td>
<td>Assistant Professor</td>
<td>Khyber Teaching Hospital, Peshawar</td>
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<tr>
<td>Dr. Shams ur Rehman</td>
<td>Assistant Professor</td>
<td>Lady Reading Hospital, Peshawar</td>
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**TRAUMA**

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<tr>
<th>Name</th>
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<tbody>
<tr>
<td>Prof. Naeem Ahmed</td>
<td>Consultant Orthopaedics Surgeon</td>
<td>Ghurki Trust Teaching Hospital, Lahore</td>
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<tr>
<td>Prof. Muhammad Iqbal</td>
<td>Associate Professor</td>
<td>Mayo Hospital, Lahore</td>
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<tr>
<td>Dr. Mumraiz Salik</td>
<td>Assistant Professor</td>
<td>Mayo Hospital, Lahore</td>
</tr>
<tr>
<td>Dr. Zaki Idrees</td>
<td>Consultant Orthopaedics Surgeon</td>
<td>Liaquat National Hospital &amp; Medical College, Karachi</td>
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<tr>
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<td>Assistant Professor</td>
<td>Hayatabad Medical Complex, Peshawar</td>
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THE PAKISTAN ORTHOPAEDIC ASSOCIATION
SUPER SPECIALITIES TRAINING FELLOWSHIP PROGRAM
Application Form

1. Fellowship applied for: ______________________________________________________

2. Personal:
   a. Name ________________________________________________________________
   b. Designation: _________________________________________________________
   c. Hospital: ____________________________________________________________
   d. POA No.: __________________________ Status: ____________________________
   e. Mobile #: __________________________ Email: _____________________________
   f. Age: ___________ PMDC #: __________________________

3. Qualification:
   a. Degree: ______________________ Year/ Institute: _________________________
   b. Degree: ______________________ Year/ Institute: _________________________
   c. Degree: ______________________ Year/ Institute: _________________________
   d. Degree: ______________________ Year/ Institute: _________________________

4. Teaching Experience:
   a. Institute: ______________________ No. of year: __________________________
   b. Institute: ______________________ No. of year: __________________________
   c. Institute: ______________________ No. of year: __________________________

5. Publication:
   a. No. of Original research Paper(s): ________________________________
   b. In Indexed Journals (National / International)
      i. 1st Author ___________ 2nd Author ___________ Co Author ___________
   c. In non-Indexed Journals (National / International)
      i. 1st Author ___________ 2nd Author ___________ Co Author ___________
   d. Author or Editor of a Book (Mention Full Details With Copy) _______________

6. Conference(s) attended:
   a. National:
      i. __________________________ year: _________________________
      ii. __________________________ year: _________________________
      iii. __________________________ year: _______________________ 
      iv. __________________________ year: _______________________
      v. __________________________ year: ______________________
   b. International:
      i. __________________________ year: _________________________
      ii. __________________________ year: _________________________
      iii. __________________________ year: _______________________
iv. ___________________________________________ year: ______________________
v. ___________________________________________ year: ______________________

7. Workshop(s) attended:
   a. National:
      i. ___________________________________________ year: ______________________
      ii. ___________________________________________ year: ______________________
      iii. ___________________________________________ year: ______________________
      iv. ___________________________________________ year: ______________________
      v. ___________________________________________ year: ______________________
   
   b. International:
      i. ___________________________________________ year: ______________________
      ii. ___________________________________________ year: ______________________
      iii. ___________________________________________ year: ______________________
      iv. ___________________________________________ year: ______________________
      v. ___________________________________________ year: ______________________

8. References letter: From 2 senior colleagues whom you have worked in the last three years

9. Other Details:
   a. Date:
   b. Place:

10. Attached:
   a. Bio-data / CV
   b. Educational qualifications
   c. Photocopies of Publications

Signature of Applicant
Pakistan Orthopaedic Association
Fellowship Guidelines

ELIGIBILITY

1. Only Life Members of POA are eligible.
2. Only applications in the above format will be accepted.
3. Application will be accepted in only one sub specialty at a time
4. Extra serial numbers should be added for any additional information.
5. Only written communication will be entertained.
6. Only selected candidates will be informed.
7. If selected candidate does not join/submit his arrival then he/she should be debarred for 2 years from POA fellowship program.
8. Members selected in the past for fellowship, will not be eligible to apply.
9. Members selected in past for fellowship, who did not join their fellowship centre will not be eligible to apply.
10. Application must be sent by Speed / Registered post / email / online only.
11. Chairman, Research and Education committee will coordinate in between candidates, supervisors and relevant committee for smooth running of all affairs.
12. Scrutiny, short listing and interviews shall be organized by Research and education committee along with supervisors on ZOOM or during upcoming OrthoCon.
13. Self-attestation of documents sent to POA office is must.
14. One set of hard copies of Curriculum vitae, Bio-data, application and the relevant authenticated Xerox copies of the documents must reach to POA Head Office: Room 301, 3rd Floor 106-C Al.Murtaza Commercial Lane- 1 Phase VIII DHA Karachi, Pakistan.
15. One set of soft copy to Secretary General: pakistanorthopaedicassociation@gmail.com, via link: https://www.smartsurvey.co.uk/s/Fellowshipprogram2022-23/ on or before 20th October 2023.