



POA Super Specialties Training Fellowship Program 2023-24



**NOW ACCEPTING APPLICATIONS
LAST DATE OF SUBMISSION:
21st NOVEMBER, 2023**

www.p-o-a.org

Message from President Pakistan Orthopaedic Association (POA)

It is indeed a matter of great pleasure for me to write these introductory words for the Pakistan Orthopaedic Association's (POA) official fellowship announcement. The Pakistan Orthopaedic Association (POA) has come a long way in its very short history and is expeditiously progressing towards its goal of becoming a leading professional organization in the international ranking. The reason for this remarkable success story lies in its constant pursuit and focus on education and hands-on training.



During the last few years, POA has focused on its national fellowship programs. There are 114 opportunities for national fellowships in the following subspecialties across various centers in Pakistan:

- Arthroplasty
- Deformity Correction & Bone Regeneration (Ilizarov)
- Hand Surgery
- Orthopaedic Oncology
- Paediatric Orthopaedics
- Sports Surgery / Arthroscopy
- Spine Surgery
- Trauma

Last term, we received 184 applications for POA National fellowships, which shows the interest of young blood towards the subspecialties. Selection of the candidates was through a very transparent process according to criteria that have been developed by the previous executive boards.

In order to maintain the quality of POA fellowships, the POA Executive Board has worked the entire year to improve the guidelines, criteria for fellowship centers, supervisors, and fellows.

At the end, I would like to emphasize that POA is the only association that has provided a great platform to our young Orthopaedic surgeons for getting subspecialty training and fellowships.

I can visualize that in the near future, surviving without subspecialty training in this country will be very difficult for an Orthopaedic surgeon. Now is the time for you to come forward and avail this opportunity so that you don't stay behind in your professional career.

With Best Regards,

Prof. Dr. Muhammad Shoaib Khan
President
Pakistan Orthopaedic Association (POA)

Message from Secretary General Pakistan Orthopaedic Association (POA)

Dear Colleagues,

I am delighted to pen down these introductory words for the official fellowship announcement by the Pakistan Orthopaedic Association (POA). POA has achieved remarkable progress in its relatively short history and is rapidly advancing towards its goal of becoming a leading professional organization on the international stage. This success can be attributed to our unwavering dedication to education and practical training.



In recent years, the POA has concentrated its efforts on enhancing our national fellowship programs. We are pleased to offer 114 fellowship opportunities in various subspecialties at different centers across Pakistan.

During the last term, POA received many applications for POA National fellowships, which demonstrates the keen interest of young talents in pursuing subspecialties. The selection of candidates was conducted through a transparent process based on criteria developed by previous executive boards.

To maintain the high quality of POA fellowships, this Executive Board has tirelessly worked throughout the year to refine guidelines, criteria for fellowship centers, supervisors, and fellows. We are committed to ensuring that these fellowships provide the best possible training experience.

I want to emphasize that the POA is the only association in the country that offers such a significant platform for our young Orthopaedic surgeons to receive subspecialty training and fellowships.

I foresee that, in the near future, practicing as an Orthopaedic surgeon without subspecialty training will become increasingly challenging in our field. Now is the opportune moment for you to step forward and seize this opportunity to advance your professional career.

Best Regards,

Prof. Dr. Lal Muhammad Kakar
Secretary General,
Pakistan Orthopaedic Association (POA)

Message from Chairman, Research and Education Committee, POA

I take great pleasure in writing this message as the Chairman of the POA Research and Education Committee. As you all know, POA is the only Orthopaedic organization consisting of over 1800 members, and it is actively engaged in advancing academic initiatives.



One of POA's notable achievements is the establishment of POA Sub-specialty forums. Another significant milestone is the recognition of POA Centers for subspecialty training. Initially, only three sub-specialty centers received recognition. In 2012, the number of recognized centers grew to six, and subsequently, from 2015 to 2017, there was rapid expansion. The POA Research & Education Committee recognized 18 subspecialty Centers, and today, 29 Centers offer hands-on training in almost all subspecialties.

To date, these Subspecialty Centers of POA have provided one-year hands-on training individuals and six-month training to 114 POA Life members. It is a testament to the great dedication and enthusiasm of our mentors that these centers have achieved international recognition. A significant number of "International applicants" now seek Sub-specialty training at our Centers in Pakistan, which is a great honor and a promising sign for our community, "POA."

This year, the POA Research & Education Committee is pleased to announce 150 scholarships, including opportunities in Trauma, Arthroplasty, Spine Surgery, Hand Surgery, Musculoskeletal Tumors, Deformity Correction and Limb Lengthening, Pediatric Orthopaedics Surgery, and Sports Surgery & Arthroscopy for POA members, particularly young Orthopaedic surgeons.

POA Zindabad!

POA Paindabad!

With best regards,

Prof. Abu Bakar Siddiq

Chairman

POA Research and Education Committee

Aim and Objective

Introduction

After completing PMC Level-III training, the orthopaedic surgeons can obtain training at Level-IV through sub specialty fellowship training. Priorities for establishing a sub-specialty program fellowships in Orthopaedic Surgery are based on community needs and availability of infrastructure for the sub-specialty, which are mandatory for accreditation of the programs, the first time and every time.

Vision/Mission

The sub-specialty fellowship training in Orthopaedic Surgery will ensure in depth knowledge, high quality of skills and attitudes essential for Orthopaedic Surgeons to solve complex musculoskeletal problems of human body in area of their subspecialty, adequately as an accomplished competent sub specialty expert

List of Subspecialty Fellowships

POA has identified following sub- specialties to start fellowship training of one year in each.

1. Trauma
2. Arthroplasty
3. Spine Surgery
4. Hand & Plastic Reconstruction
5. Musculoskeletal Tumors
6. Deformity Correction and Limb Lengthening.
7. Pediatrics Orthopaedics
8. Sports Surgery & Arthroscopy

Criteria for Candidate

- a. Candidates shall possess MS/ FCPS (Pak) or equivalent qualification recognized by and registered by Pakistan Medical Commission (PMC)
- b. He\She shall be Life member of Pakistan Orthopaedic Association.
- c. One year after doing post-graduation (M.S/FCPS.)
- d. Provide minimum of two letters of recommendation from consultants with whom the candidate has recently worked with for a minimum period of six months.

Admission, Internal Assessments, Exit Examination and Certification of Fellowships.

- a. Candidates will apply directly to the POA office along with required documents.
- b. POA Education and Research Committee will hold Interview (oral or written or both), and will submit its recommendations issue to POA office for further process.
- c. POA will **“Register the candidate”** to follow and support the fellow.
- d. Examination System: Continuous Internal Evaluation by the supervisor (s) with record to performance quarterly.
- e. On successful completion of fellowship, Candidate will be awarded a fellowship certificate which is subject to submission of two research article to JPOA, attendance certificate and a log book signed by your supervisor.

Number of Seats.

- a. The Education and Research Committee, during inspection will decide the number of seats at on site (depending upon the application of the training site, facilities of training and arrangements for the salary).
- b. Whenever, second seat will be allowed, the training will be from first July to end of June next year.

Curriculum/Training Manual

Supervisor should provide to the fellows, a detailed written curriculum of training program at the beginning of fellowship according to the following.

- a. Introduction
- b. General Objectives
- c. Specific Objectives
- d. Admission Procedure
- e. Fellowship seats with reference to beds, faculty and overall workload.
- f. Structure of the Training Program
- g. Contents of the Program- curriculum (Topics with statements of “Objectives of learning with outcome competencies” which can be measured during accreditations.
- h. Technical Manual containing list of requirements (equipment/instruments/patient load/quality standards) for running fellowship program according to curriculum
- i. Methods of Instructions/Training
- j. Internal Assessments.

Stipend of the Fellows

- a. The monthly take home stipend can vary between 50,000/- month to 70,000/- month.
- b. The POA share in remuneration shall vary from Institution to institution. This will mainly depend on the nature of work of the Fellow.
- c. In private institutions where Fellows will be involved in service to the private (paying) patients, the remuneration will be paid by the institutions.
- d. In public and charity hospitals where all patients are treated free, the remuneration will be paid by POA.
- e. In mixed situation the POA Education and Research Committee will make final judgment.

Supervisors & their Centres

DEFORMITY CORRECTION & BONE REGENERATION (ILIZAROV)

Prof. Asadullah Makhdoom

Head, Department of Orthopaedics Surgery, Liaquat University of Medical & Health Sciences Jamshoro, Sindh



Dr. Haroon ur Rashid

Associate Professor
Aga Khan University Hospital,
Karachi



Prof. Muhammad Shoaib Khan

Prof. & Chairman of Orthopaedic Department & Associate Dean, Post Graduate MTH Khyber Teaching Hospital, Peshawar



Dr. Awad Ahmad Awad

Assistant Professor
Nishtar Medical University,
Multan



Prof. Zamir Ahmed Soomro

Head, Department of Orthopaedics, Chandka Medical College/SMBBH, Larkana



Dr. Saad Ilyas

Assistant Professor,
Ghurki Trust Teaching Hospital,
Lahore



Dr. Muhammad Inam

Associate Professor,
Lady Reading Hospital,
Peshawar



Dr. Faridullah Zimri

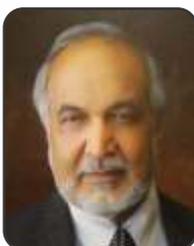
Consultant Orthopaedic Surgeon,
National Institute of Rehabilitation
Medicine (NIRM), Islamabad



HAND SURGERY

Prof. Tahseen Ahmed Cheema

Consultant Orthopaedics Surgeon
National Hospital, Bahawalpur



Brig. Khalid Masood

Consultant Orthopaedics Surgeon
Hand & Upper Limb Centre,
CMH, Lahore



Dr. Muhammad Siraj

Assistant Professor,
Khyber Teaching Hospital,
Peshawar



Prof. Muhammad Shafiq Khan

Associate Professor,
Gomal Medical College,
Dera Ismail Khan



Dr. Haseeb Hussain

Assistant Professor,
Ghurki Trust Teaching Hospital,
Lahore



Dr. Muhammad Akram

Associate Professor,
Mayo Hospital,
Lahore



ORTHOPAEDIC ONCOLOGY

Dr. Muhammad Zeeshan Khan

Assistant Professor,
Rehman Medical Institute,
Peshawar



Prof. Masood Umer

Head, Orthopaedics Section
Aga Khan University Hospital,
Karachi, Pakistan



PAEDIATRIC ORTHOPAEDIC SURGERY

Prof. Anisuddin Bhatti

Consultant Orthopaedic Surgeon,
Ziauddin Medical University
(Clifton Campus), Karachi



Prof. Atiq uz Zaman

Consultant Orthopaedics Surgeon
Ghurki Trust Teaching Hospital
Lahore



Dr. Sikandar Hayat

Associate Professor,
Khyber Teaching Hospital
Peshawar



Dr. Salik Kashif

Assistant Professor
Hayatabad Medical Complex,
Peshawar



Dr. Pervaiz Ali

Associate Professor,
Jinnah Postgraduate Medical
Centre, Karachi



Dr. M. Saleem Bashir

Pakistan Society for the
Rehabilitation of the Disabled,
Lahore



Dr. Mumtaz Hussain Chohan

Assistant Professor,
Department of Paediatric
Orthopaedic Surgery,
The Children Hospital, Lahore



SPINE SURGERY

Prof. Amer Aziz

Head, Department of Orthopaedics
Ghurki Trust Teaching Hospital,
Lahore



Prof. Muhammad Arif Khan

Head, Department of Orthopaedics
Hayatabad Medical Complex,
Peshawar



Prof. Brig. Waseem Afzal

Head, Department of Spine Surgery
CMH Rawalpindi.



Dr. Muhammad Ayaz Khan

Head, Department of Orthopaedic
& Spine Surgery,
Khyber Teaching Hospital,
Peshawar



Prof. Khalid Hussain

Consultant Orthopaedics Surgeon
Doctors Hospital & Medical Center
Lahore



Prof. Imtaiz Ahmed Hashmi

Consultant Orthopaedics Surgeon
Ziauddin Medical University
Hospital, Karachi



Dr. Akhter Malik

Associate Professor
orthopaedic/HOD SIMS/SHL,
Lahore



ARTHROPLASTY

Prof. Muhammad Umar

Consultant Orthopaedics Surgeon,
Institute of Orthopaedics Surgery
Karachi



Prof. Syed Shahid Noor

Head, Department of Orthopaedics
Liaquat National Hospital and
Medical College, Karachi



Prof. Shahzad Javed

Consultant Orthopaedics Surgeon,
Ghurki Trust Teaching Hospital,
Lahore



Dr. Israr Ahmad

Associate Professor,
Incharge orthopaedic Unit B
Hayatabad Medical Complex,
Peshawar



Dr. Awal Hakeem

Assistant Professor
Incharge Orthopedic Unit A
Khyber Teaching Hospital,
Peshawar



Dr. Tanveer Sadiq

Consultant Orthopaedic Surgeon
NIRMS/Zimri Hospital,
Islamabad



Prof. Faisal Masood

Head, Department of
Orthopaedics Unit II,
Mayo Hospital, Lahore



Dr. Syed Imran Bukhari

Assistant Professor,
Lady Ready Hospital,
Peshawar



SPORTS SURGERY & ARTHROSCOPY

Prof. Rizwan Akram

Professor of Orthopaedic,
Ghurki Trust Teaching Hospital,
Lahore



Dr. Umer Mehmood Butt

Consultant Orthopaedics Surgeon
A.O. Hospital, Karachi



Dr. Mohammad Sufyan

Assistant Professor,
Liaquat National Hospital,
Karachi



Dr. Wasim Anwar

Associate Professor,
Hayatabad Medical Complex,
Peshawar



Dr. Amir Sohail

Assistant Professor,
Jinnah Hospital Unit II,
Lahore



Dr. Syed Dilbagh Ali Shah

Assistant Professor,
Khyber Teaching Hospital,
Peshawar



TRAUMA

Prof. Naeem Ahmed

Consultant Orthopaedics Surgeon,
Ghurki Trust Teaching Hospital,
Lahore



Prof. Zaki Idrees

Consultant Orthopaedics Surgeon
Liaquat National Hospital &
Medical College, Karachi



Prof. Muhammad Iqbal

Associate Professor,
Mayo Hospital, Lahore



Dr. Mumraiz Salik

Assistant Professor,
Mayo Hospital,
Lahore



Dr. Shams ur Rehman

Assistant Professor,
Lady Reading Hospital,
Peshawar



Dr. Noor ur Rehman

Assistant Professor,
Hayatabad Medical Complex,
Peshawar



THE PAKISTAN ORTHOPAEDIC ASSOCIATION

SUPER SPECIALITIES TRAINING FELLOWSHIP PROGRAM

Application Form

1. Fellowship applied for: _____

2. Personal :

a. Name _____

b. Designation: _____

c. Hospital: _____

d. POA No.: _____ Status: _____

e. Mobile #: _____ Email: _____

f. Age: _____ PMDC #: _____

3. Qualification:

a. Degree: _____ Year/ Institute: _____

b. Degree: _____ Year/ Institute: _____

c. Degree: _____ Year/ Institute: _____

d. Degree: _____ Year/ Institute: _____

4. Teaching Experience:

a. Institute: _____ No. of year: _____

b. Institute: _____ No. of year: _____

c. Institute: _____ No. of year: _____

5. Publication:

a. No. of Original research Paper(s): _____

b. In Indexed Journals (National / International)

i. 1st Author _____ 2nd Author _____ Co Author _____

c. In non-Indexed Journals (National / International)

i. 1st Author _____ 2nd Author _____ Co Author _____

d. Author or Editor of a Book (Mention Full Details With Copy) _____

6. Conference(s) attended:

a. National:

i. _____ year: _____

ii. _____ year: _____

iii. _____ year: _____

iv. _____ year: _____

v. _____ year: _____

b. International:

i. _____ year: _____

ii. _____ year: _____

iii. _____ year: _____

iv. _____ year: _____

v. _____ year: _____

7. Workshop(s) attended:

a. National:

i. _____ year: _____

ii. _____ year: _____

iii. _____ year: _____

iv. _____ year: _____

v. _____ year: _____

b. International:

i. _____ year: _____

ii. _____ year: _____

iii. _____ year: _____

iv. _____ year: _____

v. _____ year: _____

8. **References letter:** From 2 senior colleagues whom you have worked in the last three years

9. **Other Details:**

a. Date:

b. Place:

10. **Attached:**

a. Bio-data / CV

b. Educational qualifications

c. Photocopies of Publications

Signature of Applicant

Pakistan Orthopaedic Association Fellowship Guidelines

ELIGIBILITY

1. Only **Life Members** of POA are eligible.
2. Only applications in the above format will be accepted.
3. Application will be accepted in **only one sub specialty at a time**
4. Extra serial numbers should be added for any additional information.
5. Only written communication will be entertained.
6. Only selected candidates will be informed.
7. If selected candidate does not join/submit his arrival then he/she should be **debarred for 2 years from POA fellowship program.**
8. Members selected in the past for fellowship, will not be eligible to apply.
9. Members selected in past for fellowship, who did not join their fellowship centre will not be eligible to apply.
10. Application must be sent by Speed / Registered post / email / online only.
11. Chairman, Research and Education committee will coordinate in between candidates, supervisors and relevant committee for smooth running of all affairs.
12. Scrutiny, short listing and interviews shall be organized by Research and education committee along with supervisors on ZOOM or during upcoming OrthoCon.
13. Self-attestation of documents sent to POA office is must.
14. One set of **hard copies** of Curriculum vitae, Bio-data, application and the relevant authenticated Xerox copies of the documents must reach to **POA Head Office:** Room 301, 3rd Floor 106-C Al.Murtaza Commercial Lane- 1 Phase VIII DHA Karachi, Pakistan.
15. One set of **soft copy** to Secretary General: pakistanorthopaedicassociation@gmail.com, via link: <https://www.smartsurvey.co.uk/s/Fellowshipprogram2022-23/> on or before **21st November 2023.**



FOR CORRESPONDENCE

Room # 301, 3rd Floor 106-C, Al-Murtaza
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